

MASTER OF SCIENCE IN AYURVEDIC SCIENCES

2017 – 2018

View complete course descriptions at: Bastyr.edu/Catalog

Prerequisites

Bastyr’s ayurveda program is the first accredited degree of its kind in the United States. The program is open to anyone with a bachelor’s degree and is particularly well-suited for yoga practitioners, nutritional counselors, licensed massage therapists, health coaches and other health care practitioners who want to offer another means for their patients and clients to achieve physical, mental, emotional, spiritual and social health.

- General Biology (allied-health level, no lab).....1 course
- General Chemistry (allied-health level, no lab).....1 course
- Introduction to Psychology (or higher).....1 course
- Anatomy and Physiology (allied-health level, no lab).....2 courses

Year I

Cat. No.	Course Title	FALL QUARTER	Credits
AY5103	Language of Ayurveda I.....		2
AY5116	Overview of Western Medical Science.....		2
AY5120	Ayurvedic Foundation I.....		3
AY5204	Ayurvedic Assessment Lab I.....		2
AY5411	Ayurvedic Therapies I.....		2
AY5803	Ayurvedic Clinic Entry.....		1
			Total 12

Cat. No.	Course Title	WINTER QUARTER	Credits
AY5104	Language of Ayurveda II.....		2
AY5113	Ayurvedic Nutrition I – lecture only.....		2
AY5121	Ayurvedic Foundation II.....		3
AY5205	Ayurvedic Assessment Lab II.....		2
AY5412	Ayurvedic Therapies II.....		2
AY5804	Ayurvedic Clinical Observation I.....		1
			Total 12

Cat. No.	Course Title	SPRING QUARTER	Credits
AY5122	Ayurvedic Foundation III.....		3
AY5206	Ayurvedic Nutrition Lab.....		1
AY5302	Ayurvedic Assessment Lab III.....		2
AY5413	Ayurvedic Therapies III.....		2
AY5414	Ayurvedic Herbology I – lecture only.....		3
AY5805	Ayurvedic Clinical Observation II.....		1
			Total 12

Cat. No.	Course Title	SUMMER QUARTER	Credits
AY5117	Ayurvedic Systemic Pathology I.....		3
AY5118	Professional Ethics.....		1
AY5303	Grand Rounds I.....		1
AY5806	Ayurvedic Clinic I.....		2
			Total 7

Year II

Cat. No.	Course Title	FALL QUARTER	Credits
AY6103	Ayurvedic Syst. Pathology II.....		3
AY6113	Ayurvedic Nutrition II – lecture only.....		2
AY6407	Ayurvedic Herbology II.....		3
AY6412	Ayurvedic Therapeutics Lab I.....		1
AY6800	Ayurvedic Clinic II.....		2
			Total 11

Cat. No.	Course Title	WINTER QUARTER	Credits
AY6104	Ayurvedic Sys. Pathology III.....		3
AY6109	Language of Ayurveda III.....		2
AY6408	Ayurvedic Herbology III.....		3
AY6413	Ayurvedic Therapeutics Lab II.....		1
AY6811	Ayurvedic Clinic III.....		2
AY6812	Ayurvedic Clinic IV.....		2
			Total 13

Cat. No.	Course Title	SPRING QUARTER	Credits
AY6110	Language of Ayurveda IV.....		2
AY6114	Ayurvedic Business Development.....		1
AY6115	Fundamentals of Ayurvedic Research.....		1
AY6116	Ayurvedic Research Methodologies.....		2
AY6302	Grand Rounds II.....		1
AY6414	Ayurvedic Herbology Lab.....		2
AY6813	Ayurvedic Clinic V.....		2
			Total 11

Cat. No.	Course Title	SUMMER QUARTER	Credits
AY6814	Ayurvedic Clinic VI.....		2
AY6815	Ayurvedic Clinic VII.....		2
AY6816	Ayurvedic Clinic VIII.....		2
AY6817	Ayurvedic Clinic IX.....		2
			Total 8

Elective Requirements:

Cat. No.	Course Title	VARIABLE QUARTER	Credits
		Elective & Special Topics.....	8

The MSAS program requires a total of eight (8) elective/special topics credits. These credits may include Vedic astrology, Vedic Vastu, Ayurvedic yoga therapy as well as additional elective credits such as nutrition, psychology and botanicals as long as the prerequisites for each course are met.

Total Requirements

Total Core Course Credits.....	63
Total Elective Credits.....	8
Total Clinic Credits.....	23
Total Requirements.....	94