

VISITOR CLASS SCHEDULE FALL 2016



BASTYR UNIVERSITY

Welcome to Bastyr! Before visiting a class, please pick up a "Visitor" badge from the admissions office, room 259. This will identify you to the instructor and the students as a guest and give them the opportunity to welcome you and/or offer assistance. All classes on this schedule have been approved for visitors and you are welcome to sit in on any of them. Feel free to observe, but unless asked to participate, please leave classroom discussion to the students and the instructors. Enter the class only at the beginning, or during a break, which may vary from instructor to instructor and usually begins 50 minutes after the start of class. If you need to leave early, please sit near a door so you can do so without disturbing the class. Please note that a class can sometimes be canceled, out on a field trip, taking an exam, or involved in a discussion or demonstration, which requires privacy.

In the interest of recycling, please return the the badge to the Admissions Front Office when your visit is over.

Days of the week key:

M = Monday
T = Tuesday
W = Wednesday
R = Thursday
F = Friday

Course Key:

AV = Ayurvedic Medicine
BC = Basic Science
BO = Botanical Medicine
CH = Chinese Medicine
DI = Dietetic Internship
EX = Exercise Science
HO = Homeopathy

IS = Interdisciplinary Studies
NM = Naturopathic Medicine
OM = Oriental Medicine
PH = Public Health

PM = Physical Medicine
PS = Counseling and Health Psychology
RD = Didactic Program in Dietetics
TR = Nutrition (BS or MS)

MONDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
M	BP	5400	Therapeutic Alliance 1		Daniel Rosen	184	8:00 AM	8:50 AM
M	EX	4100	Physiology of Exercise		Michelle Thall	57	8:00 AM	9:50 AM
M	NM	6310	Naturopathic Clinical Diagnosis 1		Acosta Smith/Dickson	146	8:00 AM	10:00 AM
M	NM	7317	Endocrine System		multiple	63	8:00 AM	11:20 AM
M	TR	5120	Adv Ntr: Macronutrients		Elizabeth Kirk	284	8:00 AM	9:50 AM
M	BC	3123	Organic Chemistry for Life Sciences Lect/Lab		Lev Elson-Schwab	186	10:00 AM	11:50 AM
M	BC	5151	Integrated Musculoskeletal	In Auditorium (176)	multiple	176	10:00 AM	11:50 AM
M	OM	4406	Qi Gong	Observation only	Prasert Ngamsiripol	25	10:00 AM	11:50 AM
M	PS	5110	Fundamentals of Counseling: Group Dynamics		Charles E. Smith	280	10:00 AM	11:50 AM
M	PS	5301	Fund of Couns: Basic Skills		Thomas Farmer	132	10:00 AM	11:50 AM
M	PS	6317	Counseling Adults 2: Assessment & Treatment		Yi-An Lo Burleson	286	10:00 AM	11:50 AM
M	RD	4301	Med Nutr Therapy 1: Assessment & Diagnosis		Cynthia Bartok	184	10:00 AM	11:50 AM
M	TR	5104	Research Methods in Hlth Sciences		Alexandra Kazaks	133	10:00 AM	11:20 AM
M	TR	5120	Adv Ntr: Macronutrients		Elizabeth Kirk	284	10:00 AM	11:50 AM
M	NM	6310	Naturopathic Clinical Diagnosis 1			146	10:30 AM	11:50 AM
M	RD	6105	Introduction to Dietetics		Cristen L. Harris	220	11:00 AM	11:50 AM
M	BC	3161	Anatomy and Physiology 1 Lecture/Lab		Steven Rude	133	1:00 PM	2:50 PM
M	BC	6107	Pathology, Immunology & Infectious Diseases		multiple	146	1:00 PM	2:50 PM
M	EX	4119	Principles of Resistance Training		June Kloubec	280	1:00 PM	2:50 PM
M	NM	6320	Clinical Diagnosis Lab 1		Susan Mueller	76	1:00 PM	2:50 PM
M	OM	5321	Survey of Western Clinical Sci 1		Derek Kirkham	55	1:00 PM	2:50 PM
M	TR	5100	Biostatistics		Cristen L. Harris	186	1:00 PM	2:50 PM
M	TR	5115	Food Science		Diane Helsel	284	1:00 PM	2:50 PM

M	PS	4126	Research Proposal		Naomi Lester	276	1:30 PM	3:20 PM
M	NM	7333	Clinical Pharmacology 2		Jennifer Bennett	184	2:00 PM	2:50 PM
M	BC	5151	Integrated Musculoskeletal		multiple	176	3:00 PM	4:50 PM
M	BC	6107	Pathology, Immunology & Infectious Diseases		multiple	146	3:00 PM	4:50 PM
M	NM	7142	Critical Evaluation of the Medical Literature		Brendan Smith	132	3:00 PM	4:50 PM
M	TR	5104	Research Methods in Hlth Sciences		Alexandra Kazaks	55	3:00 PM	4:20 PM
M	TR	6111	Cont Nutr:Global/Ecological Issues		Buck Levin	186	3:00 PM	4:50 PM
M	OM	4109	Meridians & Points 1		Angela Hughes	63	3:30 PM	5:20 PM

TUESDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
T	BC	5150	Integrated Structure & Function		multiple	176	8:00 AM	9:50 AM
T	NM	6310	Naturopathic Clinical Diagnosis 1		Sarah Acosta Smith	146	8:00 AM	10:00 AM
T	NM	7317	Endocrine System		multiple	63	8:00 AM	11:20 AM
T	OM	3111	Survey of Organic and Biochemistry		Jessica Bean	286	8:00 AM	9:50 AM
T	PS	4101	Social Psychology		Caitlin G Dzikon	184	8:00 AM	9:50 AM
T	TR	4107	Advanced Nutrition Principles 1		Elizabeth Kirk	186	8:00 AM	9:50 AM
T	TR	5115	Food Science		Diane Helsel	55	8:00 AM	9:50 AM
T	TR	5136	Nutrition in the Life Cycle		Cynthia Bartok	284	8:00 AM	9:50 AM
T	BC	4104	Microbiology		Rebecca Achterman	220	8:30 AM	9:50 AM
T	BC	4116	Bioethics		Cynthia Wenner	280	8:30 AM	9:50 AM
T	BC	3123	Organic Chem for Life Sciences Lecture/Lab		Lev Elson-Schwab	184	10:00 AM	11:50 AM
T	BC	3152	Integrated Human Biology 2		multiple	277	10:00 AM	11:50 AM
T	BO	4119	Pharmacognosy for Herbal Sciences		Kaleb Lund	280	10:00 AM	11:50 AM
T	CH	6422	Chinese Materia Medica 2		Ying Wang	176	10:00 AM	11:50 AM
T	EX	4107	Sports Nutrition		June Kloubec	284	10:00 AM	12:20 PM
T	OM	4118	TCM Fundamentals		Weiyi Ding	55	10:00 AM	11:50 AM
T	PS	3123	Health Psychology 1		Naomi Lester	286	10:00 AM	11:50 AM
T	RD	4301	Med Nutr Therapy 1: Assess & Diagnosis		Cynthia Bartok	220	10:00 AM	11:50 AM
T	TR	5100	Biostatistics		Cristen L. Harris	133	10:00 AM	11:50 AM
T	TR	5115L	Food Science Lab	Observation only, standing near door	Diane Helsel	8	10:00 AM	11:50 AM
T	NM	6310	Naturopathic Clinical Diagnosis 1			146	10:30 AM	11:50 AM
T	BC	3148	Research Methods in Human Biology 1		Cynthia Wenner	280	1:00 PM	2:20 PM
T	BC	4114	Disease Processes		Jing Meng	186	1:00 PM	2:50 PM
T	EX	9507	Stretching for Stress Reduction Elective	Observation only	Michelle Thall	25	1:00 PM	1:50 PM
T	NM	5140	Constitutional Assessment		Debra Brammer	220	1:00 PM	2:20 PM
T	NM	7318	Nervous System and Mental Health		multiple	63	1:00 PM	4:20 PM
T	PS	3601	Psych of Nourishment		Kate K Lund	146	1:00 PM	3:50 PM
T	TR	4103	Whole Foods Production		Patrice Savery	55	1:00 PM	2:20 PM
T	TR	5104	Research Methods in Hlth Sciences		Alexandra Kazaks	284	1:00 PM	2:20 PM
T	TR	9112	Intuitive Eating & Philosophies of Nourishment		Shana Goldman	184	1:00 PM	2:50 PM
T	BC	9130*	Special Topics in Human Biology		Rude/Stilson	132	2:00 PM	3:20 PM
T	NM	5140	Constitutional Assessment		Debra Brammer	220	2:30 PM	3:50 PM
T	TR	4103L	Whole Foods Production Lab	Observation only, standing near door	Patrice Savery	8	2:30 PM	5:20 PM
T	BC	3123	Organic Chem for Life Sciences Lecture/Lab		Lev Elson-Schwab	184	3:00 PM	4:50 PM
T	BC	3139	Human Biology Seminar		Achterman/Stilson	277	3:00 PM	4:50 PM
T	EX	3503	Orienteering and Navigation		Cynthia Bartok	131	3:00 PM	4:50 PM
T	PS	4117	Experimental Psychology		Caitlin G Dzikon	280	3:00 PM	4:50 PM

WEDNESDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
W	PS	6301	Counseling Theories and Interventions 1		Daniel Rosen	146	8:00 AM	9:20 AM
W	SN	6300	Integrated Therapeutics 1		multiple	63	8:00 AM	10:50 AM
W	TR	4118	Cultural Perspectives on Foods		Patrice Savery	133	8:00 AM	9:50 AM
W	TR	5115	Food Science		Diane Helsel	55	8:00 AM	9:50 AM
W	TR	5120	Adv Ntr: Macronutrients		Elizabeth Kirk	284	8:00 AM	9:20 AM
W	PS	4102	Ethical Issues in Psychology		Aaron Strong	280	9:00 AM	11:50 AM
W	BC	5150	Integrated Structure & Function		multiple	176	10:00 AM	11:50 AM
W	CH	6422	Chinese Materia Medica 2		Ying Wang	184	10:00 AM	11:50 AM
W	TR	5115L	Food Science Lab	Observation only, standing near door	Diane Helsel	8	10:00 AM	11:50 AM

W	TR	5120	Adv Ntr: Macronutrients		Elizabeth Kirk	284	10:00 AM	11:20 AM
W	SN	7300	Advanced Case Studies 1		Altman/Sizemore	132	11:00 AM	11:50 AM
W	BC	4108	Biophysics 2		Max Sizemore	284	1:00 PM	1:50 PM
W	BC	6107	Pathology, Immunology & Infectious Diseases		multiple	146	1:00 PM	2:50 PM
W	EX	3105	Physical Activity & Wellness		Michelle Thall	132	1:00 PM	2:50 PM
W	NM	7318	Nervous System and Mental Health		multiple	63	1:00 PM	4:20 PM
W	PS	3139	Spirituality and Health		Charles E. Smith	55	1:00 PM	3:50 PM
W	PS	4106	Multicultural Psychology		Caitlin G Dzikon	280	1:00 PM	3:50 PM
W	TR	5100	Biostatistics		Cristen L. Harris	133	1:00 PM	2:50 PM
W	TR	5104	Research Methods in Hlth Sciences		Alexandra Kazaks	184	1:00 PM	2:20 PM
W	HO	7300	Homeopathy 4	Weeks 1 - 8 ONLY	Faculty TBA	186	1:30 PM	3:20 PM
W	TR	3141L	Therapeutic Cooking: Maintaining Health	Observation only, standing near door	Patrice Savery	8	2:00 PM	4:20 PM
W	BC	6107	Pathology, Immunology & Infectious Diseases		multiple	146	3:00 PM	4:50 PM
W	PS	6301	Counseling Theories and Interventions 1		Daniel Rosen	286	3:00 PM	4:20 PM
W	SN	7300	Advanced Case Studies 1		Altman/Sizemore	132	3:30 PM	4:20 PM
W	SN	7300	Advanced Case Studies 1		Altman/Sizemore	132	4:30 PM	5:20 PM
W	OM	5121	Medical Chinese 1		Angela Tseng	184	5:00 PM	5:50 PM
W	PH	6101	Evaluation of Health Education Programs		Jonathan Olson	220	5:00 PM	6:50 PM

THURSDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
R	BC	3123	Organic Chem for Life Sciences Lecture/Lab		Lev Elson-Schwab	184	8:00 AM	9:50 AM
R	BC	4114	Disease Processes		Jing Meng	186	8:00 AM	9:50 AM
R	BC	5150	Integrated Structure & Function		multiple	176	8:00 AM	8:50 AM
R	NM	7346	Maternity and Pediatrics		Martin/Kingsbury	286	8:00 AM	11:50 AM
R	OM	4118	TCM Fundamentals		Weiyi Ding	55	8:00 AM	9:50 AM
R	SN	6300	Integrated Therapeutics 1		multiple	133	8:00 AM	10:50 AM
R	TR	5120	Adv Ntr: Macronutrients		Elizabeth Kirk	284	8:00 AM	9:20 AM
R	BC	5151	Integrated Musculoskeletal		multiple	176	9:00 AM	9:50 AM
R	PS	6310	Nutr & Pharmacology in Mental Hlth		Christie Fleetwood	132	9:00 AM	11:50 AM
R	RD	6130	Food Safety & Principles of Food Production		Nancy Perlot	220	9:00 AM	10:50 AM
R	TR	3109	Chef's Pantry	Observation only, standing near door	Patrice Savery	8	9:00 AM	12:20 PM
R	BC	3123	Organic Chem for Life Sciences Lecture/Lab		Lev Elson-Schwab	184	10:00 AM	11:50 AM
R	BC	3152	Integrated Human Biology 2		Golden/Stilson	277	10:00 AM	11:50 AM
R	BO	3109	Plant Identification and Horticulture 1		Gilson/Hamby	57	10:00 AM	11:50 AM
R	PS	3123	Health Psychology 1		Naomi Lester	146	10:00 AM	11:50 AM
R	RD	4301	Med Nutr Therapy 1: Assessment & Diagnosis		Cynthia Bartok	63	10:00 AM	11:50 AM
R	TR	5120	Adv Ntr: Macronutrients		Elizabeth Kirk	284	10:00 AM	11:20 AM
R	RD	6105	Introduction to Dietetics		Cristen L. Harris	220	11:00 AM	11:50 AM
R	BC	6107	Pathology, Immunology & Infectious Diseases		multiple	146	1:00 PM	2:50 PM
R	EX	9507	Stretching for Stress Reduction Elective	Observation only	Michelle Thall	25	1:00 PM	1:50 PM
R	PS	7101	Prof, Ethical & Legal Iss in Psych		Daniel Rosen	277	1:00 PM	3:50 PM
R	RD	4105	Introduction to Dietetics		Elizabeth Kirk	186	1:00 PM	1:50 PM
R	TR	5100	Biostatistics		Cristen L. Harris	133	1:00 PM	2:50 PM
R	TR	5115	Food Science		Diane Helsel	284	1:00 PM	2:50 PM
R	TR	4107	Advanced Nutrition Principles 1		Elizabeth Kirk	186	2:00 PM	3:50 PM
R	TR	4118	Cultural Perspectives on Foods		Patrice Savery	63	2:00 PM	3:50 PM
R	NM	7333	Clinical Pharmacology 2		Jennifer Bennett	184	2:30 PM	3:20 PM
R	BC	6107	Pathology, Immunology & Infectious Diseases		multiple	146	3:00 PM	4:50 PM
R	PS	4117	Experimental Psychology		Caitlin G Dzikon	280	3:00 PM	4:50 PM
R	TR	5115L	Food Science Lab	Observation only, standing near door	Diane Helsel	8	3:00 PM	4:50 PM
R	TR	5136	Nutrition in the Life Cycle		Cynthia Bartok	284	3:00 PM	4:50 PM

FRIDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
F	HO	6305	Homeopathy 1		multiple	146	8:00 AM	9:20 AM
F	NM	7346	Maternity and Pediatrics		Martin/Kingsbury	184	8:00 AM	11:50 AM
F	SN	5103	Integrated Case Studies 1		multiple	132	8:00 AM	9:50 AM
F	TR	4103	Whole Foods Production		Nancy Perlot	55	8:00 AM	9:20 AM
F	BC	4104	Microbiology		Rebecca Achterman	220	8:30 AM	9:50 AM

F	BC	4116	Bioethics		Cynthia Wenner	280	8:30 AM	9:50 AM
F	SN	6100	Integrated Case Studies 4		Jing Meng	186	9:00 AM	9:50 AM
F	TR	4103L	Whole Foods Production Lab	Observation only, standing near door	Nancy Perlot	8	9:30 AM	12:20 PM
F	BC	3148	Research Methods in Human Biology 1		Cynthia Wenner	132	10:00 AM	11:20 AM
F	SN	5103	Integrated Case Studies 1		Brammer/Martzen	284	10:00 AM	11:50 AM
F	SN	6100	Integrated Case Studies 4		Jing Meng	186	10:00 AM	10:50 AM
F	OM	3111	Survey of Organic and Biochemistry		Jessica Bean	55	10:30 AM	12:20 PM
F	SN	6100	Integrated Case Studies 4		Steven Rude	186	11:00 AM	11:50 AM
F	BO	9107	Food and Medicinal Mushrooms		Jenn Dazey	55	1:00 PM	2:50 PM
F	SN	5103	Integrated Case Studies 1		Sizemore/McCarter	284	1:00 PM	2:50 PM
F	SN	6100	Integrated Case Studies 4		Wallace/Rude	184	1:00 PM	1:50 PM
F	HO	7300	Homeopathy 4	Weeks 1 - 8 ONLY	Michael Von Baker	186	1:30 PM	3:20 PM
F	BC	9130*	Special Topics in Human Biology		Rude/Stilson	132	2:00 PM	3:20 PM
F	HO	6305	Homeopathy 1		Von Baker/Postma	184	3:00 PM	4:20 PM