Why Study Whole-Food Nutrition?

More than $\frac{1}{3}$ of U.S. adults are obese. Diseases such as diabetes and heart disease are associated with obesity.

Healthy eaters live longer than those who eat a typical American diet.

Jobs for nutrition professionals are on the rise.

Dietitians and Nutritionists: 21%

All Occupations: 10%

Cook, Create, Inspire with a Master of Science in Nutrition for Wellness

Learn more: Bastyr.edu/NutritionforWellness

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Sources: Centers for Disease Control and Prevention, The Blue Zones, U.S. Bureau of Labor Statistics