

## The leader in natural health arts and sciences

### Who we are

Bastyr University, located on a 51-acre campus just north of Seattle in Kenmore, Wash., is the world's leading academic center for the advancement and integration of the natural health arts and sciences. The nonprofit, private University has plans to expand to California in 2012.



### Education

Degree and certificate programs:

- Naturopathic medicine
- Nutrition
- Acupuncture and Oriental medicine
- Midwifery
- Herbal sciences
- Health psychology
- Exercise science
- Integrated human biology
- Holistic landscape design

### Research

When Bastyr University declared research one of the three fundamental parts of its mission in 1986, it was the first natural medicine institution to establish a research laboratory. To date, more than 100 integrative research studies in a range of areas including botanical and homeopathic medicine have been completed or are under way.

### Clinical training

The University's teaching clinic, Bastyr Center for Natural Health, is the largest natural health clinic in the Northwest, with approximately 35,000 patient visits annually. Clinical health care services include naturopathic medicine, acupuncture, Chinese herbal medicine, nutrition counseling, homeopathy and counseling.

### How we can help

Bastyr University's faculty members are natural health care experts, and many are nationally and internationally recognized for their work.

In addition, many work closely or have relationships with premier medical institutions, including the University of Washington, Harvard Medical School, Fred Hutchinson

Cancer Research Center and others.

They are available to provide expert, consumer-friendly health advice to the media.

### Natural health leader

Founded in 1978 as a naturopathic medical school, Bastyr University has offered baccalaureate, master's and doctoral degree programs since 1989, and is one of only seven accredited naturopathic medical schools in North America.

Bastyr was the first regionally accredited school of its kind in the United States.

The [Bastyr Library](#) has the most extensive collection of materials on the natural health sciences in the Pacific Northwest.

For more history and highlights on Bastyr University, visit the [timeline](#).

### Research leader

Bastyr University was the first school of naturopathic medicine to receive a grant from the National Institutes of Health (NIH), \$840,000 that funded complementary alternative medicine research in HIV/AIDS. Subsequent NIH grants include:

- **\$3.1 million** for breast cancer research awarded jointly to Seattle's Fred Hutchinson Cancer Research Center and the Bastyr Integrative Oncology Research Center (BIORC), an outpatient, integrative oncology clinic located at the University.
- **\$4.52 million** to study the healing power of Asian medicinal mushrooms on breast and prostate cancer in a partnership with the nearby University of Washington.

### Campus life

In summer 2010, the University opened its 11-hall [Student Village](#),



*Bastyr University's Student Village was awarded Outstanding Multifamily Project in the 2010 LEED for Homes Awards by the U.S. Green Building Council.*

### Vital statistics 2011-12

**Number of students:** 1,018

**Program breakdown:**

462 in Naturopathic Medicine  
(41 in AOM dual track)  
254 in Nutrition  
192 in Acupuncture and Oriental  
Medicine (41 in ND dual track)  
37 in Midwifery  
26 in Herbal Sciences  
25 in Health Psychology  
11 in Exercise Science  
4 in Holistic Landscape Design  
48 non-degree

**Ratio of students to faculty:** 9:1

**Average age of students:** 31

**Gender:** 83/17 percentage  
females to males

**International students:** 77,  
representing 29 countries

**Faculty:** 53 core, 112 part time,  
nine residents

**Annual tuition range:** Graduate  
programs, \$20,375-\$28,128;  
undergraduate programs,  
\$21,000

with accommodations for 132 students, which later earned LEED platinum certification and numerous green building awards.

Nutritious whole food is available daily to students, employees and the public in the award-winning [Bastyr Dining Commons](#), which features herbs and organic vegetables from the [Bastyr Medicinal Herb Garden](#).

Adjacent to the garden is the 65-foot-long [Bastyr Reflexology Foot Path](#), which was the first public reflexology path in North America.

### Health care services

[Bastyr Center for Natural Health](#), the University's teaching clinic, offers a variety of services with an emphasis on the prevention of disease and treatment of the whole person.

Community benefits include free introductory visits to first-time patients, income-based rate assistance to qualified patients and \$15 visits for seniors 62 and older.

Bastyr Center's naturopathic doctors are licensed primary care providers in the state of Washington.