

VISITOR CLASS SCHEDULE WINTER 2017



BASTYR UNIVERSITY

Welcome to Bastyr! Before visiting a class, please pick up a "Visitor" badge from the admissions office, room 259. This will identify you to the instructor and the students as a guest and give them the opportunity to welcome you and/or offer assistance. All classes on this schedule have been approved for visitors and you are welcome to sit in on any of them. Feel free to observe, but unless asked to participate, please leave classroom discussion to the students and the instructors. Enter the class only at the beginning, or during a break, which may vary from instructor to instructor and usually begins 50 minutes after the start of class. If you need to leave early, please sit near a door so you can do so without disturbing the class. Please note that a class can sometimes be canceled, out on a field trip, taking an exam, or involved in a discussion or demonstration, which requires privacy.

In the interest of recycling, please return the the badge to the Admissions Front Office when your visit is over.

Days of the week key:

M = Monday
T = Tuesday
W = Wednesday
R = Thursday
F = Friday

Course Key:

AV = Ayurvedic Medicine
BC = Basic Science
BO = Botanical Medicine
CH = Chinese Medicine
DI = Dietetic Internship
EX = Exercise Science
HO = Homeopathy

IS = Interdisciplinary Studies
NM = Naturopathic Medicine
OM = Oriental Medicine
PH = Public Health

PM = Physical Medicine
PS = Counseling and Health Psychology
RD = Didactic Program in Dietetics
TR = Nutrition (BS or MS)

MONDAY

Day	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
M	BC	3144	Integrated Biochemistry and Cell Biology		R. Achterman	132	8:00 AM	10:20 AM
M	NM	6311	Naturopathic Clinical Diagnosis 2		Smith/Dickson	186	8:00 AM	11:20 AM
M	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	284	8:00 AM	9:50 AM
M	NM	7323	Cardiovascular System		Multiple	55	8:30 AM	11:50 AM
M	CH	6423	Chinese Materia Medica 3		Ying Wang	220	9:30 AM	11:45 AM
M	BC	5118	Disease Processes 1		Terri Stilson	146	10:00 AM	11:50 AM
M	BC	5142	Fundamentals of Research Design		Donald Messner	63	10:00 AM	11:50 AM
M	TR	3111	Nutrition Throughout Life		Harris/Savery	184	10:00 AM	11:50 AM
M	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	284	10:00 AM	11:50 AM
M	OM	5322	Survey of Western Clinical Sci 2		Derek Kirkham	63	12:30 PM	2:40 PM
M	PS	5113	Theories of Counseling and Psychotherapy		O'Farrell/Burleson	286	12:30 PM	3:20 PM
M	BC	5152	Integrated Cardiovascular/Immune Sys		Multiple	176	1:00 PM	2:50 PM
M	BC	5153	Integrated Respiratory System		Multiple	176	1:00 PM	2:50 PM
M	BC	5154	Integrated Digestive System		Multiple	176	1:00 PM	2:50 PM
M	BC	6108	Pathology/Immunology/Infectious Diseases		Multiple	146	1:00 PM	2:50 PM
M	IS	9523	Chemistry and Physics in the Kitchen	Observation/Standing room only by door	L. Elson-Schwab	8	1:00 PM	3:20 PM
M	NM	7337	Digestive System		Multiple	55	1:00 PM	3:20 PM
M	PS	4149	Psychology and World Religions		Charles E Smith	280	1:00 PM	4:20 PM
M	TR	3111	Nutrition Throughout Life		Harris/Savery	184	1:00 PM	2:50 PM
M	TR	5138	Counseling Skills for RDNs Lecture/ lab		Diane Helsel	132	1:00 PM	3:50 PM
M	BC	6108	Pathology/Immunology/Infectious Diseases		Multiple	146	3:00 PM	4:50 PM
M	NM	5142	Naturopathic Theory and Practice 2	Meets 1/9, 1/23, 2/6, 2/20, 3/6 only	Greg Yasuda	176	3:00 PM	3:50 PM
M	NM	7142	Critical Evaluation of the Medical Literature		Brendan Smith	186	3:00 PM	4:50 PM
M	BC	3135	Anatomy & Physiology 1		Terri Stilson	55	3:30 PM	5:50 PM
M	NM	7334	Clinical Pharmacology 3		Jennifer Bennett	184	3:30 PM	4:20 PM
M	BC	5146	Physiology Lab 1		Anna K Davis	133	4:00 PM	6:50 PM
M	PH	5121	Seminar in Social Justice and Health 2	Meets 1/2, 1/23, 1/30, 2/13, 2/27 only	B. Goldoftas	220	4:00 PM	4:50 PM

M	PH	6811	Capstone Project 2		Jonathan Olson	132	4:00 PM	4:50 PM
M	HO	7301	Homeopathy 5		Michael V Baker	286	4:30 PM	5:20 PM
M	PH	5136	Epidemiology 2		D. Fulton-Kehoe	220	5:00 PM	7:20 PM

TUESDAY

Day	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
T	BC	3108	Physics 1 Lecture/Lab		L. Elson-Schwab	184	8:00 AM	9:50 AM
T	BC	3162	Anatomy and Physiology 2 Lecture/Lab		Steven Rude	133	8:00 AM	9:50 AM
T	BC	4161	Advanced Cell and Molecular Biology		R. Achterman	280	8:00 AM	9:50 AM
T	NM	6311	Naturopathic Clinical Diagnosis 2		Acosta/Dickson	186	8:00 AM	11:20 AM
T	OM	4110	Meridians & Points 2		Angela Hughes	63	8:00 AM	9:50 AM
T	TR	4100	Intro to Research Methods		Michelle Thall	286	8:00 AM	9:50 AM
T	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	220	8:00 AM	9:50 AM
T	TR	6100	Nutritional Supplementation		Kelly Morrow	284	8:00 AM	9:50 AM
T	NM	7323	Cardiovascular System		Multiple	55	8:30 AM	11:50 AM
T	BO	4146	Materia Medica 2 for Herbal Sciences		Sheila Kingsbury	146	9:00 AM	11:50 AM
T	PM	5314	Physical Medicine 1		Andrew Simon	176	9:00 AM	9:50 AM
T	BC	3100	Survey of Organic Chemistry		L. Elson-Schwab	277	10:00 AM	11:50 AM
T	BC	3149	Research Methods in Human Biology 2		Cynthia Wenner	280	10:00 AM	11:20 AM
T	BC	4117	Biochem for Life Sciences Lecture/Lab		Kent Littleton	184	10:00 AM	11:50 AM
T	BC	4153	Integrated Human Biology 3		Multiple	276	10:00 AM	11:50 AM
T	BC	5118	Disease Processes 1		Terri Stilson	176	10:00 AM	11:50 AM
T	CH	6423	Chinese Materia Medica 3		Ying Wang	220	10:00 AM	11:50 AM
T	EX	4123	Exercise Prescription & Testing		June Kloubec	134	10:00 AM	11:50 AM
T	PS	3124	Health Psychology 2		Naomi Lester	286	10:00 AM	11:50 AM
T	PS	5115	Fund of Counseling: Systems		Thomas Farmer	133	10:00 AM	11:50 AM
T	TR	4205	Nutrition Analysis and Assessment		A. Kazaks	284	10:00 AM	11:50 AM
T	BC	3135	Anatomy & Physiology 1		Terri Stilson	55	1:00 PM	2:50 PM
T	BC	4117	Biochem for Life Sciences Lecture/Lab		Kent Littleton	184	1:00 PM	2:50 PM
T	BC	5152	Integrated Cardiovascular/Immune Sys		Multiple	176	1:00 PM	2:50 PM
T	BC	5153	Integrated Respiratory System		Multiple	176	1:00 PM	2:50 PM
T	BC	5154	Integrated Digestive System		Multiple	176	1:00 PM	2:50 PM
T	BC	9134	Biology of Receptors		Donald Messner	280	1:00 PM	2:20 PM
T	BO	3115	Herbal Medicine History & Traditions		Sheila Kingsbury	131	1:00 PM	2:50 PM
T	NM	7337	Digestive System		Multiple	186	1:00 PM	3:20 PM
T	PS	3133	Introduction to Statistics		Caitlin G Dzikon	277	1:00 PM	2:50 PM
T	TR	3121	Culinary Skills: Soups & Seasonings	Observation/Standing room only by door	Patrice Savery	8	1:00 PM	4:20 PM
T	TR	4108	Advanced Nutrition Principles 2		Elizabeth Kirk	63	1:00 PM	2:50 PM
T	TR	5320	Nutrition Assessment & Therapy 1		Cynthia Bartok	220	1:00 PM	2:50 PM
T	TR	6100	Nutritional Supplementation		Kelly Morrow	284	1:00 PM	2:50 PM
T	EX	4105	Business Principles in Health Promotion		Michelle Thall	132	3:00 PM	4:50 PM
T	TR	5133	Developing the Research Question		A. Kazaks	277	3:00 PM	3:50 PM
T	TR	5138	Counseling Skills for RDNs Lecture/ lab		Diane Hesel	284	3:00 PM	5:20 PM
T	PS	4149	Psychology and World Religions		Charles E. Smith	280	3:30 PM	5:20 PM
T	TR	6312	Nutrition Principles		Purdy/Kirk/Taylor	146	3:30 PM	5:50 PM

WEDNESDAY

Day	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
W	NM	7324	Respiratory System		Multiple	186	8:00 AM	9:50 AM
W	NM	7330	Healing Systems	1/04, 1/11, 1/18, 1/25, 2/01 & 2/8 only	Joe Pizzorno	286	8:00 AM	9:50 AM
W	OM	5442	Tai Chi	Observation/Standing room only by door	P. Ngamsiripol	25	8:00 AM	9:50 AM
W	SN	6303	Integrated Therapeutics 2		Multiple	146	8:00 AM	10:50 AM
W	TR	4100	Intro to Research Methods		Michelle Thall	132	8:00 AM	9:50 AM
W	TR	3111	Nutrition Throughout Life		Harris/Savery	184	8:30 AM	9:50 AM
W	PS	3147	Myth, Ritual and Health		Brad Lichtenstein	63	9:00 AM	11:50 AM
W	PS	4112	Creating Wellness		Caitlin G Dzikon	280	9:00 AM	11:50 AM
W	BC	3100	Survey of Organic Chemistry		L. Elson-Schwab	277	10:00 AM	11:50 AM
W	BC	5152	Integrated Cardiovascular/Immune Sys	Class runs 1/2/17-1/26/17.	Multiple	176	10:00 AM	11:50 AM
W	BC	5153	Integrated Respiratory System	Class runs 1/30/17-2/16/17.	Multiple	176	10:00 AM	11:50 AM
W	BC	5154	Integrated Digestive System	Class runs 2/20/17-3/17/17.	Multiple	176	10:00 AM	11:50 AM
W	BO	4149	Plant Identification and Horticulture 5		Gilson/Hamby	276	10:00 AM	11:50 AM
W	HO	7301	Homeopathy 5		Jennifer L White	286	10:00 AM	10:50 AM
W	OM	5416	Acupuncture Therapeutics 3		Benjamin Apichai	220	10:00 AM	11:50 AM
W	RD	4302	Med Nutr Therapy:Chronic Disease Mgmt		Kory DeAngelo	133	10:00 AM	11:50 AM
W	SN	7301	Advanced Case Studies 2		Altman/Rude	284	10:00 AM	10:50 AM
W	TR	3115	Intro to Food Science		Diane Hesel	186	10:00 AM	11:50 AM
W	TR	4100	Intro to Research Methods		Michelle Thall	132	10:00 AM	11:50 AM
W	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	55	10:00 AM	11:50 AM
W	NM	7334	Clinical Pharmacology 3		Jennifer Bennett	184	11:00 AM	11:50 AM

W	SN	7301	Advanced Case Studies 2		Altman/Martzen	284	11:00 AM	11:50 AM
W	BC	4135	Biophysics 3		Max Sizemore	276	1:00 PM	1:50 PM
W	BC	5152	Integrated Cardiovascular/Immune Sys		Multiple	176	1:00 PM	2:50 PM
W	BC	5153	Integrated Respiratory System		Multiple	176	1:00 PM	2:50 PM
W	BC	5154	Integrated Digestive System		Multiple	176	1:00 PM	2:50 PM
W	BC	6108	Pathology/Immunology/Infectious Diseases		Multiple	146	1:00 PM	3:50 PM
W	BO	4113	Pharmacology and Herb/Drug Interaction		Yarnell/Lund	277	1:00 PM	3:50 PM
W	EX	4133	Exer Prescr for Spec Populations		June Kloubec	186	1:00 PM	2:50 PM
W	OM	5124	Medical Chinese 4		Angela Tseng	55	1:00 PM	2:50 PM
W	OM	5442	Tai Chi	Observation/Standing room only by door	P. Ngamsiripol	25	1:00 PM	2:50 PM
W	RD	4130	Quantity Food Production		Patrice Savery	280	1:00 PM	2:20 PM
W	SN	7301	Advanced Case Studies 2		Altman/Rude	284	1:00 PM	1:50 PM
W	TR	5101	Whole Foods Production		Nancy Perlot	63	1:00 PM	2:20 PM
W	TR	5132	Applied Statistical Analysis		Masa Sasagawa	220	1:00 PM	1:50 PM
W	TR	5138	Counseling Skills for RDNs Lecture/ lab		Diane Helsel	132	1:00 PM	3:20 PM
W	TR	5320	Nutrition Assessment & Therapy 1		Cynthia Bartok	184	1:00 PM	2:50 PM
W	SN	7301	Advanced Case Studies 2		Altman/Rude	284	2:00 PM	2:50 PM
W	TR	5101L	Whole Foods Production Lab	Observation/Standing room only by door	Nancy Perlot	8	2:30 PM	5:20 PM
W	NM	7338	Environmental Medicine	Weeks 1 - 9 only	John Hibbs	63	3:00 PM	4:50 PM
W	OM	5442	Tai Chi	Observation/Standing room only by door	P. Ngamsiripol	25	3:00 PM	4:50 PM
W	TR	6312	Nutrition Principles		Purdy/Kirk/Taylor	286	3:30 PM	5:50 PM

THURSDAY

Day	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
R	BC	3144	Integrated Biochemistry and Cell Biology		R. Achterman	132	8:00 AM	9:50 AM
R	BC	4153	Integrated Human Biology 3		Multiple	276	8:00 AM	9:50 AM
R	NM	7330	Healing Systems	1/05, 1/12, 1/19, 1/26, 2/02 & 2/09 only	Joe Pizzorno	186	8:00 AM	9:50 AM
R	PS	3126	Psychology of Personality		Caitlin G Dzikon	280	8:00 AM	9:50 AM
R	PS	6202	Psychological Assessment		Daniel Rosen	63	8:00 AM	9:20 AM
R	SN	6303	Integrated Therapeutics 2		Multiple	146	8:00 AM	10:50 AM
R	TR	6100	Nutritional Supplementation		Kelly Morrow	284	8:00 AM	9:50 AM
R	TR	3111	Nutrition Throughout Life		Harris/Savery	184	8:30 AM	9:50 AM
R	OM	4221	TCM Pathology 1		Qiang Cao	220	9:00 AM	11:50 AM
R	PS	6207	Counseling for Eating Disorders		Nikki P Stepien	286	9:00 AM	11:50 AM
R	OM	5417	Acupuncture Therapeutics 4		Chongyun Liu	55	9:30 AM	11:20 AM
R	BC	3108	Physics 1 Lecture/Lab		L. Elson-Schwab	280	10:00 AM	11:50 AM
R	BC	4117	Biochem for Life Sciences Lecture/Lab		Kent Littleton	184	10:00 AM	11:50 AM
R	BC	5118	Disease Processes 1		Terri Stilson	132	10:00 AM	11:20 AM
R	BC	5142	Fundamentals of Research Design		Cynthia Wenner	63	10:00 AM	11:50 AM
R	NM	7324	Respiratory System		Multiple	186	10:00 AM	11:50 AM
R	PS	4131	Non-profit Admin & Grant Writing		Linda Hall	276	10:00 AM	11:50 AM
R	PS	5115	Fundamentals of Counseling		Thomas Farmer	277	10:00 AM	11:50 AM
R	TR	6100	Nutritional Supplementation		Kelly Morrow	284	10:00 AM	11:50 AM
R	BC	4117	Biochem for Life Sciences Lecture/Lab		Kent Littleton	184	1:00 PM	2:50 PM
R	BC	5152	Intgrtd Cardiovascular & Immune Systems		Multiple	176	1:00 PM	3:20 PM
R	BC	5153	Integrated Respiratory System		Multiple	176	1:00 PM	3:20 PM
R	BC	5154	Integrated Digestive System		Multiple	176	1:00 PM	3:20 PM
R	BO	4100	Herbs and Food		S. Sammartino	55	1:00 PM	2:50 PM
R	PS	6202	Psychological Assessment		Daniel Rosen	63	1:00 PM	2:20 PM
R	RD	4130	Quantity Food Production		Patrice Savery	280	1:00 PM	2:20 PM
R	TR	5124	Adv Nutrition: Micronutrients		Elizabeth Kirk	284	1:00 PM	2:20 PM
R	TR	5320	Nutrition Assessment & Therapy 1		Cynthia Bartok	220	1:00 PM	2:50 PM
R	PS	7115	Developing & Evaluating Counseling Prgms		JoAnne E Bates	277	2:00 PM	4:50 PM
R	TR	9526	Media/Comm Skills for Nutr Professionals		Chiara M Kae	286	2:00 PM	3:50 PM
R	BC	6108	Pathology/Immunology/Infectious Diseases		Multiple	146	3:00 PM	5:50 PM
R	OM	4130	Pharmacology Overview for AOM		C. Fleetwood	220	3:00 PM	4:50 PM
R	TR	3115	Intro to Food Science		Diane Helsel	186	3:00 PM	4:50 PM
R	BP	5401	Therapeutic Alliance 2		Rosen/McCarter	63	3:30 PM	5:20 PM
R	PH	5131	Intermediate Biostatistics 2		Jonathan Olson	55	4:00 PM	5:50 PM

FRIDAY

Day	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
F	SN	5104	Integrated Case Studies 2		Davis/Elabbadi	220	8:00 AM	9:50 AM
F	TR	4113	Nutritional Supplements & Herbs		Diane Helsel	55	8:00 AM	10:50 AM
F	TR	5320	Nutrition Assessment & Therapy 1		Cynthia Bartok	184	8:00 AM	9:50 AM
F	BC	9134	Biology of Receptors		Donald Messner	280	8:30 AM	9:50 AM
F	TR	3142	Therapeutic Cooking: Illness & Recovery	Observation/Standing room only by door	Patrice Savery	8	8:30 AM	11:50 AM
F	OM	4211	TCM Diagnosis 1		Wei Yi Ding	63	9:00 AM	11:50 AM
F	SN	6101	Integrated Case Studies 5		Brignall/Rude	284	9:00 AM	9:50 AM

F	BC	5118	Disease Processes 1		Terri Stilson	186	10:00 AM	11:50 AM
F	BO	3119	Plant Identification and Horticulture 2		Gilson/Hamby	220	10:00 AM	11:50 AM
F	SN	5104	Integrated Case Studies 2		Brammer/Martzen	132	10:00 AM	11:50 AM
F	SN	6101	Integrated Case Studies 5		Multiple	284	10:00 AM	11:50 AM
F	BC	3149	Research Methods in Human Biology 2		Cynthia Wenner	280	1:00 PM	2:20 PM
F	HO	6306	Homeopathy 2		Michael V Baker	286	1:00 PM	2:50 PM
F	OM	4130	Pharmacology Overview for AOM		C. Fleetwood	220	1:00 PM	2:50 PM
F	SN	5104	Integrated Case Studies 2		Martzen/McCarter	284	1:00 PM	2:50 PM
F	SN	6101	Integrated Case Studies 5		Wallace/Meng	186	1:00 PM	1:50 PM
F	TR	6122	Contemporary Nutr: Community & Culture		Shanshan Chen	132	2:30 PM	3:50 PM
F	HO	6306	Homeopathy 2		Shawn D Postma	286	3:00 PM	4:50 PM