Prerequisites

- Entering undergraduates must have at least a 2.75 cumulative GPA with a grade of C or better in basic proficiency and science requirement courses.
- Prior to enrolling, students must have completed 90 quarter credits (60 semester credits), including a minimum number of credits in the basic proficiency/science requirements and general education categories.

Note: Students may apply to the program while completing prerequisite coursework.

Basic Proficiency and Science Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>English Literature or Composition</td>
<td>9</td>
</tr>
<tr>
<td>General Psychology</td>
<td>3</td>
</tr>
<tr>
<td>College Algebra or Pre calculus</td>
<td>4</td>
</tr>
<tr>
<td>General Biology with lab</td>
<td>4</td>
</tr>
<tr>
<td>General Chemistry I &amp; II (science-major level with lab)</td>
<td>8</td>
</tr>
<tr>
<td>Speech Communication or Public Speaking</td>
<td>3</td>
</tr>
</tbody>
</table>

1Integrated Wellness and Social Advocacy will accept Introduction to Biology with lab. Health Psychology PreMedicine requires science major level with lab.

2These credits are required for the psychology PreMedicine track only.

3Students that complete a WA state college Direct Transfer Associate Degree (DTA) are not required to complete this course.

General Education Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arts and Humanities</td>
<td>15</td>
</tr>
<tr>
<td>Social Sciences</td>
<td>15</td>
</tr>
<tr>
<td>Natural Science and Mathematics</td>
<td>12</td>
</tr>
<tr>
<td>Electives - Integrated Wellness &amp; Social Advocacy Track</td>
<td>25</td>
</tr>
<tr>
<td>Electives - PreMedicine Track</td>
<td>17</td>
</tr>
</tbody>
</table>

1Psychology majors may not use psychology courses to satisfy social science distribution requirements.

2The number of elective credits may vary depending upon the exact number of quarter credits earned in the other prerequisite categories.

BACHELOR OF SCIENCE WITH A MAJOR IN HEALTH PSYCHOLOGY - INTEGRATED WELLNESS

Junior Year (Year I)

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>FALL QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>IS3111</td>
<td>Interdisciplinary Experiences in Natural Health Arts &amp; Sci.</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>PS3114</td>
<td>Developmental Psychology</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3123</td>
<td>Health Psychology 1</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3139</td>
<td>Spirituality and Health</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4101</td>
<td>Social Psychology</td>
<td></td>
<td>4</td>
</tr>
</tbody>
</table>

Total 16

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>WINTER QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS3124</td>
<td>Health Psychology 2</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3126</td>
<td>Psychology of Personality</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3133</td>
<td>Introduction to Statistics and Epidemiology</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3147</td>
<td>Myth, Ritual and Health</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 15

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>SPRING QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS3129</td>
<td>Abnormal Psychology</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3131</td>
<td>Learning, Cognition and Behavior</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3134</td>
<td>Research Methods in Psychology</td>
<td></td>
<td>4</td>
</tr>
</tbody>
</table>

Total 12

Senior Year (Year II)

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>FALL QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS4102</td>
<td>Ethical Issues in Psychology</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4106</td>
<td>Multicultural Psychology</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4117</td>
<td>Experimental Psychology</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS4126</td>
<td>Optional - Research Proposal</td>
<td></td>
<td>2</td>
</tr>
</tbody>
</table>

Total 10-12

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>WINTER QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS4109</td>
<td>Human Sexuality</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4112</td>
<td>Creating Wellness</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4128</td>
<td>Optional - Research Project</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>PS4149</td>
<td>Psychology and World Religions</td>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>

Total 11-16

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>SPRING QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS4124</td>
<td>Biological Psychology</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>PS4129</td>
<td>Optional - Research Presentation</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4150</td>
<td>Healing; Self, Society and World</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 8-11

Total Requirements

- Total Core Course Credits and Hours: (82) 72
- Total Elective Credits and Hours: (8) 18
- Total Requirements: 90

9/15
# BACHELOR OF SCIENCE WITH A MAJOR IN HEALTH PSYCHOLOGY - PREMEDICINE

## Junior Year (Year I)

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>FALL QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BC3123</td>
<td>Organic Chemistry for Life Sciences Lecture/Lab........</td>
<td></td>
<td>6</td>
</tr>
<tr>
<td>BC3161</td>
<td>Anatomy and Physiology 1 Lecture/Lab.....................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>IS3111</td>
<td>Interdisciplinary Experiences in Natural Health Arts &amp; Sci.</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>PS3123</td>
<td>Health Psychology 1..........................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3139</td>
<td>Spirituality and Health.....................................</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 15

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>WINTER QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BC3162</td>
<td>Anatomy and Physiology 2 Lecture/Lab.....................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>BC4117</td>
<td>Biochemistry for Life Sciences 1 Lecture/Lab............</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>PS3124</td>
<td>Health Psychology 2..........................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3147</td>
<td>Myth, Ritual and Health.....................................</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 14

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>SPRING QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>BC3163</td>
<td>Anatomy and Physiology 3 Lecture/Lab.....................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>BC4140</td>
<td>Biochemistry for Life Sciences 2..........................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3134</td>
<td>Research Methods in Psychology.............................</td>
<td></td>
<td>4</td>
</tr>
</tbody>
</table>

Total 12

## Senior Year (Year II)

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>FALL QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS3114</td>
<td>Developmental Psychology.....................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS4101</td>
<td>Social Psychology.............................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS4102</td>
<td>Ethical Issues in Psychology................................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4106</td>
<td>Multicultural Psychology....................................</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 14

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>WINTER QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS3126</td>
<td>Psychology of Personality...................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS4109</td>
<td>Human Sexuality................................................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4112</td>
<td>Creating Wellness.............................................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4149</td>
<td>Psychology and World Religions.............................</td>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>

Total 15

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>SPRING QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS3129</td>
<td>Abnormal Psychology..........................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3131</td>
<td>Learning, Cognition and Behavior...........................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS4150</td>
<td>Healing: Self, Society and World...........................</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 11

## Total Requirements

- Total Core Course Credits and Hours: 84
- Total Elective Credits and Hours: 6
- Total Requirements: 90

---

# BACHELOR OF SCIENCE WITH A MAJOR IN HEALTH PSYCHOLOGY: SOCIAL ADVOCACY

## Junior Year (Year I)

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>FALL QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS3114</td>
<td>Developmental Psychology.....................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3123</td>
<td>Health Psychology 1..........................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3139</td>
<td>Spirituality and Health.....................................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4101</td>
<td>Social Psychology.............................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>IS3111</td>
<td>Interdisciplinary Experiences in Natural Health Arts &amp; Sci.</td>
<td></td>
<td>1</td>
</tr>
</tbody>
</table>

Total 16

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>WINTER QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS3136</td>
<td>Positive Dev. &amp; Social Advocacy for Infants &amp; Children</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS3133</td>
<td>Introduction to Statistics and Epidemiology..............</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3124</td>
<td>Health Psychology 2..........................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3147</td>
<td>Myth, Ritual and Health.....................................</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 14

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>SPRING QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS3129</td>
<td>Abnormal Psychology..........................................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3131</td>
<td>Learning, Cognition and Behavior...........................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3134</td>
<td>Research Methods in Psychology.............................</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>PS3137</td>
<td>Positive Dev. &amp; Social Advocacy for Adolescents &amp; Adults</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 15

## Senior Year (Year II)

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>FALL QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS4134</td>
<td>Positive Development and Social Advocacy for Elders.....</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4106</td>
<td>Multicultural Psychology....................................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4102</td>
<td>Ethical Issues in Psychology................................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4104</td>
<td>Advocacy Skills for Social Justice........................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4126</td>
<td>Optional - Research Proposal................................</td>
<td></td>
<td>2</td>
</tr>
</tbody>
</table>

Total 14

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>WINTER QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS4801</td>
<td>External Practicum / Service Learning 1..................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4131</td>
<td>Non-profit Administration and Grant Writing.............</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>PS4149</td>
<td>Psychology and World Religions.............................</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>PS4128</td>
<td>Optional - Research Project................................</td>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>

Total 15

<table>
<thead>
<tr>
<th>Cat. No.</th>
<th>Course Title</th>
<th>SPRING QUARTER</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PS4802</td>
<td>External Practicum / Service Learning 2..................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4124</td>
<td>Biological Psychology........................................</td>
<td></td>
<td>5</td>
</tr>
<tr>
<td>PS4150</td>
<td>Healing: Self, Society and World...........................</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>PS4133</td>
<td>Health Policy and Intervention Programs..................</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>PS4129</td>
<td>Optional - Research Presentation...........................</td>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

Total 16

## Total Requirements

- Total Core Course Credits and Hours: 90
- Total Elective Credits and Hours: (0)
- Total Requirements: 90