The Bastyr University Nutrition Program
The nutrition program embraces the natural medicine tradition of wellness and a whole-person approach to health. The program balances a whole, natural foods philosophy with an understanding of human biochemistry and nutrient metabolism. In addition, an integrative approach to dietetics while considering environmental and ecological dimensions of diet are emphasized. Bastyr University’s nutrition program provides the knowledge, skills, and expertise necessary to achieve and maintain optimal health through informed food choices.

The Bachelor’s Didactic Program in Dietetics (BSN/DPD)
The BSN/DPD is designed to fulfill the academic requirements for registered dietitian eligibility of the Accreditation Council for Education in Nutrition and Dietetics (ACEND). The Bastyr DPD allows students to complete a ACEND-accredited didactic program while pursuing a BS with major in nutrition. Specific course work beyond the BS requirements is necessary for DPD completion. The program’s mission is to graduate students who will promote nutrition and well-being through food that sustains the individual, the community and the Earth.

Program Goals and Outcome Measures
The primary goal of the Bastyr University BSN/DPD program is to prepare graduates to become successful dietetic interns. The outcome measures of this goal are as follows:
1. At least 95 percent of students entering the program will successfully complete the Bastyr University Didactic Program of Dietetics graduation requirements within 1.5 years, including completion of degree with a GPA of 3.25 or higher, a score of 75 percent or higher on the DPD exit exam, and verified completion of 300 nutrition-related volunteer/paid hours.
2. At least 75 percent of BSN students completing the program will apply for a dietetic internship or pathways offering supervised practice within 12 month post graduation.
3. At least 70 percent of graduates who seek an internship will obtain one within 12 months post graduation.
4. Respondents from internship director surveys conducted annually will reflect that DPD graduates have “satisfactory knowledge or competence” (at least ‘3’ or higher on a scale of 1 to 5) in at least 90 percent of their professional competencies evaluated.
5. Five-year summary reports will consistently reflect that at least 95 percent of all first-time exam-takers will have passed the Registration Examination for dietitians.

The second goal of the Bastyr University BSN/DPD is to prepare qualified graduates with the knowledge and tools to incorporate whole foods nutrition, environmental awareness and integrative medicine into their dietetic/nutrition related practice. The outcome measures of this goal are as follows:
1. At least 70 percent of respondents from BSN/DPD graduate surveys conducted every three years will rate their preparation in the areas of whole foods, environmental awareness, and integrative medicine practices as ‘3’ or higher on a scale of 1-5.
2. At least 70 percent of respondents from the BSN/DPD Alumni Surveys conducted every three years will report incorporating whole foods knowledge, environmental awareness, and integrative medicine into their dietetic/nutrition related practice at least “occasionally” or more, or at least a ‘3’ on a scale of 1-5.
3. At least 70 percent of internship director respondents from the “Dietetic Internship Director Survey” conducted annually will rate DPD graduates as ‘4’ or higher on a scale of 1-5 in competencies related to whole foods, environmental awareness and integrative medicine.

Curriculum Description
The DPD curriculum integrates the student’s knowledge and skills related to physical, behavioral, cultural, ecological, legislative, community and clinical aspects of human nutrition. The coursework focuses on four main areas: nutrition, foods, basic sciences and counseling skills. Basic and advanced nutrition classes build the didactic knowledge of the community and clinical dietitian; and core food courses build competencies in knowledge of whole foods, food composition, handling, preparation and distribution. Clinical practicum develops experiences, attitudes and values important to the competent dietetic intern.
**Expected Competencies**
Verified graduation from the DPD enables a student to apply for ACEND-accredited dietetic internships (DI). Although the Department of Nutrition and Exercise Science will assist all graduates in supervised practice placement, completion of the DPD does not guarantee acceptance into a dietetic internship. The DPD and a BS in nutrition also prepare students for graduate work in related health science fields. Graduates are able to critically evaluate the scientific literature and incorporate current research and innovative advances in nutrition into the fundamentals of nutritional science and dietary planning. Graduates are also able to support the ecological well-being of the planet through promotion of improved eating habits. Successful completion of the Bastyr DPD requires maintenance of a 3.0 GPA on a 4.0 scale, 300 hours of paid and/or volunteer work in the nutrition field, and achievement of a passing score on the exit examination (75 percent).

**Registered Dietitian Requirements**
In addition to successful completion of a DPD, to become a registered dietitian (RD), a student must accomplish the following:
- Obtain a minimum of a baccalaureate degree from an ACEND-accredited program and U.S. regionally accredited college or university.
- Complete an ACEND-accredited dietetic internship (DI), or other ACEND-accredited supervised practice pathway.
- Successfully pass the registration examination for dietitians.

For more information regarding careers in the field of dietetics, go to: www.eatright.org and click on “Become an RD or DTR.”

**Application Information**
All students seeking admission into the program must submit a separate DPD application. Application materials must be postmarked by June 10, 2016, for the program commencing the following September. Applications are available in the admissions office at Bastyr University.

For more information, contact:
Admissions
Bastyr University
14500 Juanita Drive NE
Kenmore, WA 98028
425.602.3330
Fax: 425.602.3090
E-mail: admissions@bastyr.edu

Bastyr University is an equal opportunity institution. We do not discriminate in matters of employment or participation in programs, services or benefits on the basis of gender, race, creed, color, religion, national origin, age, sexual orientation, gender identification, individuals with disabilities or veterans’ status. Our programs, services and facilities are accessible to individuals with disabilities. Please contact the University in advance if you require special accommodation due to a disability.

**Admission Requirements**
Only students enrolled in the BS program at Bastyr University or those who have graduated from the University are eligible to apply to the BSN/DPD program. Students are required to complete all prerequisites for the Bastyr BS program prior to applying to the DPD. Using a 4.0 scale, a cumulative GPA of 3.25 or higher is mandatory for acceptance into the undergraduate program. Cumulative GPA from all nutrition courses must be ≥3.0 and all science courses must be at least 3.25. In addition, a minimum of 150 hours paid and/or volunteer work is required in order to be admitted to the BSN/DPD. Please contact Admissions for details.

**Accreditation Status**
The BSN/DPD at Bastyr University is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, 800.877.1600 ext. 5400, ACEND@eatright.org. Bastyr University is accredited by the Northwest Association of Schools and Colleges.