

**MASTER OF SCIENCE IN AYURVEDIC SCIENCES**

2017 – 2018

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**Prerequisites**

Bastyr’s ayurveda program is the first accredited degree of its kind in the United States. The program is open to anyone with a bachelor’s degree and is particularly well-suited for yoga practitioners, nutritional counselors, licensed massage therapists, health coaches and other health care practitioners who want to offer another means for their patients and clients to achieve physical, mental, emotional, spiritual and social health.

General Biology (allied-health level, no lab).....1 course  
 General Chemistry (allied-health level, no lab).....1 course  
 Introduction to Psychology (or Lifespan or Developmental).....1 course  
 Anatomy and Physiology (allied-health level, no lab).....2 courses

**Year I**

| Cat. No. | Course Title                             | FALL QUARTER | Credits  |
|----------|--|--------------|----------|
| AY5103   | Language of Ayurveda I.....              |              | 2        |
| AY5116   | Overview of Western Medical Science..... |              | 2        |
| AY5120   | Ayurvedic Foundation I.....              |              | 3        |
| AY5204   | Ayurvedic Assessment Lab I.....          |              | 2        |
| AY5411   | Ayurvedic Therapies I.....               |              | 2        |
| AY5803   | Ayurvedic Clinic Entry.....              |              | 1        |
|          |  |              | Total 12 |

| Cat. No. | Course Title                             | WINTER QUARTER | Credits  |
|----------|--|----------------|----------|
| AY5104   | Language of Ayurveda II.....             |                | 2        |
| AY5113   | Ayurvedic Nutrition I- lecture only..... |                | 2        |
| AY5121   | Ayurvedic Foundation II.....             |                | 3        |
| AY5205   | Ayurvedic Assessment Lab II.....         |                | 2        |
| AY5412   | Ayurvedic Therapies II.....              |                | 2        |
| AY5804   | Ayurvedic Clinical Observation I.....    |                | 1        |
|          |  |                | Total 12 |

| Cat. No. | Course Title                              | SPRING QUARTER | Credits  |
|----------|---|----------------|----------|
| AY5122   | Ayurvedic Foundation III.....             |                | 3        |
| AY5206   | Ayurvedic Nutrition Lab.....              |                | 1        |
| AY5302   | Ayurvedic Assessment Lab III.....         |                | 2        |
| AY5414   | Ayurvedic Herbology I – lecture only..... |                | 3        |
| AY5805   | Ayurvedic Clinical Observation II.....    |                | 1        |
|          |   |                | Total 10 |

| Cat. No. | Course Title                        | SUMMER QUARTER | Credits |
|----------|-------------------------------------|----------------|---------|
| AY5117   | Ayurvedic Systemic Pathology I..... |                | 3       |
| AY5118   | Professional Ethics.....            |                | 1       |
| AY5303   | Grand Rounds I.....                 |                | 1       |
| AY5413   | Ayurvedic Therapies III.....        |                | 2       |
| AY5806   | Ayurvedic Clinic I.....             |                | 2       |
|          |                                     |                | Total 9 |

**Year II**

| Cat. No. | Course Title                               | FALL QUARTER | Credits  |
|----------|--|--------------|----------|
| AY6103   | Ayurvedic Systemic Pathology II.....       |              | 3        |
| AY6113   | Ayurvedic Nutrition II – lecture only..... |              | 2        |
| AY6407   | Ayurvedic Herbology II.....                |              | 3        |
| AY6412   | Ayurvedic Therapeutics Lab I.....          |              | 1        |
| AY6800   | Ayurvedic Clinic II.....                   |              | 2        |
|          |  |              | Total 11 |

| Cat. No. | Course Title                          | WINTER QUARTER | Credits  |
|----------|---------------------------------------|----------------|----------|
| AY6104   | Ayurvedic Systemic Pathology III..... |                | 3        |
| AY6109   | Language of Ayurveda III.....         |                | 2        |
| AY6408   | Ayurvedic Herbology III.....          |                | 3        |
| AY6413   | Ayurvedic Therapeutics Lab II.....    |                | 1        |
| AY6811   | Ayurvedic Clinic III.....             |                | 2        |
|          |                                       |                | Total 11 |

| Cat. No. | Course Title                            | SPRING QUARTER | Credits  |
|----------|---|----------------|----------|
| AY6110   | Language of Ayurveda IV.....            |                | 2        |
| AY6114   | Ayurvedic Business Development.....     |                | 1        |
| AY6115   | Fundamentals of Ayurvedic Research..... |                | 1        |
| AY6116   | Ayurvedic Research Methodologies.....   |                | 2        |
| AY6302   | Grand Rounds II.....                    |                | 1        |
| AY6414   | Ayurvedic Herbology Lab.....            |                | 2        |
| AY6812   | Ayurvedic Clinic IV.....                |                | 2        |
|          |   |                | Total 11 |

| Cat. No. | Course Title             | SUMMER QUARTER | Credits |
|----------|--------------------------|----------------|---------|
| AY6813   | Ayurvedic Clinic V.....  |                | 2       |
| AY6814   | Ayurvedic Clinic VI..... |                | 2       |
|          |                          |                | Total 4 |

**Year III**

| Cat. No. | Course Title               | FALL QUARTER | Credits |
|----------|----------------------------|--------------|---------|
| AY6815   | Ayurvedic Clinic VII.....  |              | 2       |
| AY6816   | Ayurvedic Clinic VIII..... |              | 2       |
| AY6817   | Ayurvedic Clinic IX.....   |              | 2       |
|          |                            |              | Total 6 |

MSAS students have the option of completing their final three clinical rotations in India. The India internship is offered during break between second year Summer quarter and subsequent Fall quarter.

**Elective Requirements:**

| Cat. No.                       | Course Title | VARIABLE QUARTER | Credits |
|--------------------------------|--------------|------------------|---------|
| Elective & Special Topics..... |              |                  | 8       |

The MSAS program requires a total of eight (8) credits of program specific electives. These credits include additional ayurvedic courses such as Vedic astrology, Vedic Vastu, and additional yoga therapy work.

**Total Requirements**

|                                |    |
|--------------------------------|----|
| Total Core Course Credits..... | 63 |
| Total Elective Credits.....    | 8  |
| Total Clinic Credits.....      | 23 |
| Total Requirements.....        | 94 |