

**BACHELOR OF SCIENCE WITH A MAJOR IN HEALTH PSYCHOLOGY:
INTEGRATED WELLNESS • PREMEDICINE • PUBLIC HEALTH PSYCHOLOGY**

2018 – 2019

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Prerequisites

- Entering undergraduates must have at least a 2.50 cumulative GPA with a grade of C or better in basic proficiency and science requirement courses.
- Prior to enrolling, students must have completed 90 quarter credits (60 semester credits), including a minimum number of credits in the basic proficiency/science requirements and general education categories.

Note: Students may apply to the program while completing prerequisite coursework.

Basic Proficiency and Science Requirements

Course	Credits
English Literature or Composition.....	9
General Psychology.....	3
College Algebra or Precalculus.....	4
General Biology (with lab) ¹	4
General Chemistry I & II (science-major level with lab) ²	8
Speech Communication or Public Speaking ³	3

¹Integrated Wellness and Public Health Psychology tracks will accept Introduction to Biology with lab. PreMedicine track requires science major level with lab.

²These credits are required for the psychology PreMedicine track only.

³Students that complete a WA state college Direct Transfer Associate Degree (DTA) are not required to complete this course.

General Education Requirements

Course	Credits
Arts and Humanities.....	15
Social Sciences ¹	15
Natural Science and Mathematics.....	12
Electives – Integrated Wellness & Public Health Psychology ²	25
Electives – PreMedicine Track ²	17

¹Psychology majors may not use psychology courses to satisfy social science distribution requirements.

²The number of elective credits may vary depending upon the exact number of quarter credits earned in the other prerequisite categories.

**BACHELOR OF SCIENCE WITH A MAJOR IN
HEALTH PSYCHOLOGY - INTEGRATED
WELLNESS**

Junior Year (Year I)

Cat. No.	Course Title	FALL QUARTER	Credits
PS3114	Developmental Psychology.....		4
PS3123	Health Psychology 1.....		4
PS3139	Spirituality and Health.....		3
PS4101	Social Psychology.....		4
			Total 15

Cat. No.	Course Title	WINTER QUARTER	Credits
PS3124	Health Psychology 2.....		4
PS3126	Psychology of Personality.....		4
PS3133	Introduction to Statistics and Epidemiology.....		4
PS3147	Myth, Ritual and Health.....		3
			Total 15

Cat. No.	Course Title	SPRING QUARTER	Credits
PS3129	Abnormal Psychology.....		4
PS3131	Learning, Cognition and Behavior.....		4
PS3134	Research Methods in Psychology.....		4
			Total 12

Senior Year (Year II)

Cat. No.	Course Title	FALL QUARTER	Credits
PS4102	Ethical Issues in Psychology.....		3
PS4106	Multicultural Psychology.....		3
PS4117	Experimental Psychology.....		4
PS4126	Optional - Research Proposal.....		2
			Total 10-12

Cat. No.	Course Title	WINTER QUARTER	Credits
PS4109	Human Sexuality.....		3
PS4112	Creating Wellness.....		3
PS4128	Optional - Research Project.....		5
PS4149	Psychology and World Religions.....		5
			Total 11-16

Cat. No.	Course Title	SPRING QUARTER	Credits
PS4124	Biological Psychology.....		5
PS4129	Optional - Research Presentation.....		3
PS4150	Healing: Self, Society and World.....		3
			Total 8-11

Total Requirements

Total Core Course Credits and Hours.....	(82) 71
Total Elective Credits and Hours.....	(8) 19
Total Requirements.....	90

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BACHELOR OF SCIENCE WITH A MAJOR HEALTH PSYCHOLOGY - PREMEDICINE

Junior Year (Year I)

Cat. No.	Course Title	FALL QUARTER	Credits
BC3123	Organic Chemistry for Life Sciences Lecture/Lab.....		6
BC3161	Anatomy and Physiology 1 Lecture/Lab.....		3
PS3123	Health Psychology 1.....		4
PS3139	Spirituality and Health.....		3

Total 16

Cat. No.	Course Title	WINTER QUARTER	Credits
BC3162	Anatomy and Physiology 2 Lecture/Lab.....		3
BC4117	Biochemistry for Life Sciences 1 Lecture/Lab.....		5
PS3124	Health Psychology 2.....		4
PS3147	Myth, Ritual and Health.....		3

Total 15

Cat. No.	Course Title	SPRING QUARTER	Credits
BC3163	Anatomy and Physiology 3 Lecture/Lab.....		4
BC4140	Biochemistry for Life Sciences 2.....		4
PS3134	Research Methods in Psychology.....		4

Total 12

Senior Year (Year II)

Cat. No.	Course Title	FALL QUARTER	Credits
PS3114	Developmental Psychology.....		4
PS4101	Social Psychology.....		4
PS4102	Ethical Issues in Psychology.....		3
PS4106	Multicultural Psychology.....		3

Total 14

Cat. No.	Course Title	WINTER QUARTER	Credits
PS3126	Psychology of Personality.....		4
PS4109	Human Sexuality.....		3
PS4112	Creating Wellness.....		3
PS4149	Psychology and World Religions.....		5

Total 15

Cat. No.	Course Title	SPRING QUARTER	Credits
PS3129	Abnormal Psychology.....		4
PS3131	Learning, Cognition and Behavior.....		4
PS4150	Healing: Self, Society and World.....		3

Total 11

Total Requirements

Total Core Course Credits and Hours.....	83
Total Elective Credits and Hours.....	7
Total Requirements.....	90

BACHELOR OF SCIENCE WITH A MAJOR IN PSYCHOLOGY - PUBLIC HEALTH PSYCHOLOGY

Junior Year (Year I)

Cat. No.	Course Title	FALL QUARTER	Credits
PS3114	Developmental Psychology.....		4
PS3123	Health Psychology 1.....		4
PS3139	Spirituality and Health.....		3
PS4101	Social Psychology.....		4

Total 15

Cat. No.	Course Title	WINTER QUARTER	Credits
PS3136	Positive Dev. & Social Advocacy for Infants & Children.....		3
PS3133	Introduction to Statistics and Epidemiology.....		4
PS3124	Health Psychology 2.....		4
PS3147	Myth, Ritual and Health.....		3

Total 14

Cat. No.	Course Title	SPRING QUARTER	Credits
PS3129	Abnormal Psychology.....		4
PS3131	Learning, Cognition and Behavior.....		4
PS3134	Research Methods in Psychology.....		4
PS3137	Positive Dev. & Social Advocacy for Adolescents & Adults.....		3

Total 15

Senior Year (Year II)

Cat. No.	Course Title	FALL QUARTER	Credits
PS4134	Positive Development and Social Advocacy for Elders.....		3
PS4106	Multicultural Psychology.....		3
PS4102	Ethical Issues in Psychology.....		3
PS4104	Advocacy Skills for Social Justice.....		3
PS4126	Optional - Research Proposal.....		2

Total 14

Cat. No.	Course Title	WINTER QUARTER	Credits
PS4801	External Practicum / Service Learning 1.....		3
PS4131	Non-profit Administration and Grant Writing.....		2
PS4149	Psychology and World Religions.....		5
PS4128	Optional - Research Project.....		5

Total 15

Cat. No.	Course Title	SPRING QUARTER	Credits
PS4802	External Practicum / Service Learning 2.....		3
PS4124	Biological Psychology.....		5
PS4150	Healing: Self, Society and World.....		3
PS4133	Health Policy and Intervention Programs.....		2
PS4129	Optional - Research Presentation.....		3

Total 16

Total Requirements

Total Core Course Credits and Hours.....	(90) 79
Total Elective Credits and Hours.....	(0) 11
Total Requirements.....	90