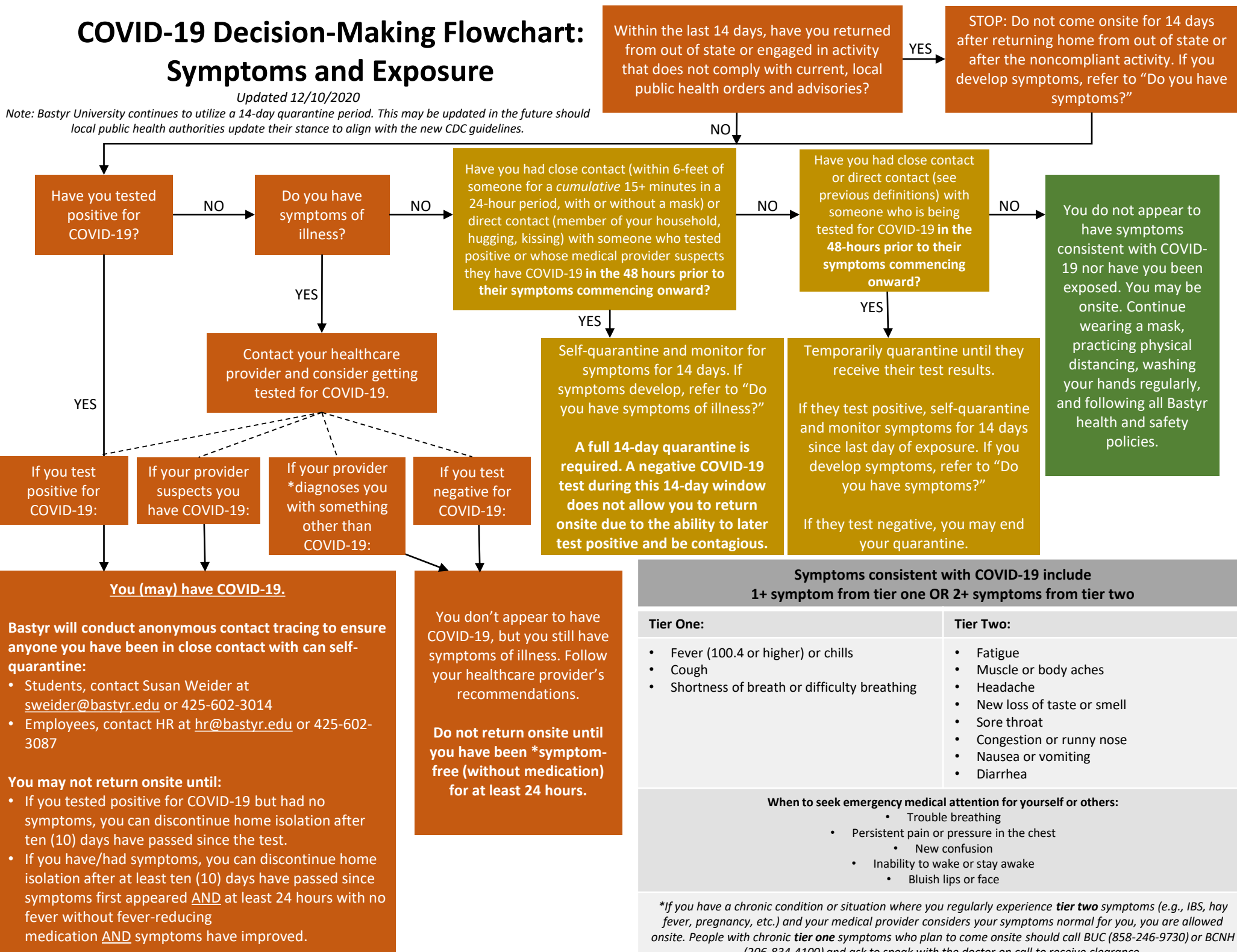


COVID-19 Decision-Making Flowchart: Symptoms and Exposure

Updated 12/10/2020

Note: Bastyr University continues to utilize a 14-day quarantine period. This may be updated in the future should local public health authorities update their stance to align with the new CDC guidelines.



Symptoms consistent with COVID-19 include 1+ symptom from tier one OR 2+ symptoms from tier two

Tier One:	Tier Two:
<ul style="list-style-type: none"> Fever (100.4 or higher) or chills Cough Shortness of breath or difficulty breathing 	<ul style="list-style-type: none"> Fatigue Muscle or body aches Headache New loss of taste or smell Sore throat Congestion or runny nose Nausea or vomiting Diarrhea

When to seek emergency medical attention for yourself or others:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

**If you have a chronic condition or situation where you regularly experience tier two symptoms (e.g., IBS, hay fever, pregnancy, etc.) and your medical provider considers your symptoms normal for you, you are allowed onsite. People with chronic tier one symptoms who plan to come onsite should call BUC (858-246-9730) or BCNH (206-834-4100) and ask to speak with the doctor on call to receive clearance.*