



**BASTYR**  
**UNIVERSITY**  
*California*

# Create a Healthier World

Individuals are drawn to Bastyr University for a variety of reasons, such as our welcoming community, distinctive programs and distinguished faculty. However, all of these individuals share two things in common – a belief in the healing power of nature and the desire to improve the health of our communities. Whether you are looking to complete your undergraduate degree or wanting to start on the path for a graduate education, Bastyr University California provides an unparalleled foundation for a variety of natural health careers.

We invite you to begin your journey at Bastyr University California!

## BACHELOR'S PROGRAM

**BACHELOR OF SCIENCE IN NUTRITION AND CULINARY ARTS.** Develop your culinary skills and discover how to use food therapeutically while learning about whole-food nutrition and food science.

## MASTER'S PROGRAMS

**MASTER OF ARTS IN COUNSELING PSYCHOLOGY.** Discover a fresh approach to mental health counseling that emphasizes whole-person wellness and healing and fosters a deep understanding of the relationship between individual and societal mental health.

**MASTER OF SCIENCE IN NUTRITION FOR WELLNESS.** Develop advanced skills in creating innovative nutrition programs and motivating behavior change to become a leader in whole-food education.

## DOCTORAL PROGRAM

**DOCTORATE IN NATUROPATHIC MEDICINE.** Prepare to be a leader in natural medicine through this internationally recognized program that combines a rigorous biomedical sciences curriculum with comprehensive clinical training and groundbreaking research.

## ACCREDITATION

All degree offerings at Bastyr University are accredited by the Northwest Commission on Colleges and Universities ([www.nwccu.org](http://www.nwccu.org)). The Doctor of Naturopathic Medicine program is accredited by the Council on Naturopathic Medical Education (CNME), a specialized accrediting board recognized by the U.S. Department of Education. Bastyr University is approved by the U.S. Immigration and Naturalization Service to accept and enroll foreign nonimmigrant students. The California Board of Behavioral Sciences has officially approved the curriculum of the Masters in Counseling Psychology program for LPC licensure eligibility (Licensed Professional Clinical Counselor).



## BASTYR UNIVERSITY MISSION

We educate future leaders in the natural health arts and sciences. Respecting the healing power of nature and recognizing that body, mind and spirit are intrinsically inseparable, we model an integrated approach to education, research and clinical service.

# A Collaborative Community

At Bastyr, you will find a community of scholars dedicated to following their hearts and flourishing as holistic health professionals.

Our students don't just read about the mind, body and spirit connection in textbooks; they live it. Students fuel their learning outside of the classroom with an abundance of campus activities, such as student council, presentations, student clubs, internships, research projects and clinical training.



**"I have been thoroughly impressed, not only by the talent and brilliance of my fellow students here at Bastyr University California, but also by their shared spirit. Every one of them is filled with a pioneering passion to bring naturopathic medicine here to California and to see it flourish!"**

— Michael Lehman, Naturopathic Medical Student ('18)



Naturopathic medicine students and faculty lobbying in Washington, D.C.



## BASTYR STUDENT FACTS

Statistics based on the 2017-18 school year for both Washington and California campuses.

Total University Enrollment

1,205



Graduate Enrollment

1,009



Student/Faculty Ratio

12:1



Student Median Age

28 years

(range: 18 - 68)

# A *Spirit* of Inquiry

At the heart of a Bastyr education is rigorous scholarship. Deep learning experiences are amplified by small class sizes, dedicated faculty and a multidisciplinary curriculum. In all of our programs, students are exposed to evidence-based research and develop critical thinking and scientific literacy skills to serve them for a lifetime.

A Bastyr education opens the doors to many career opportunities. Students are trained to become future leaders in natural health, gaining experience in labs, classrooms, field courses, internships, practicums and study-away opportunities.



**“The overall program is challenging but in the best way possible. We have some of the best instructors and staff. If you ever have a question or concern, they are willing to listen and help find a solution.”**

— Stephanie Stephens, MS Nutrition for Wellness ('17)



## RESEARCH STUDIES

Bastyr University Research Institute is internationally renowned and devoted to evaluating natural medicine practices, exploring new treatments for chronic diseases and enhancing faculty and student research. Students have opportunities to engage in original research studies through the Center for Student Research.

## LEARN FROM EXPERTS IN THE FIELD

Bastyr faculty members are highly qualified health sciences professionals, experienced both as educators and as practitioners; more than 80 percent hold doctorate or terminal degrees. The faculty is known for their approachability and commitment to student success. Learn more at [Bastyr.edu/People](http://Bastyr.edu/People).

# Natural Beauty

## SAN DIEGO CAMPUS

San Diego is California's second-largest city, offering world-class attractions, arts, culture and endless outdoor recreation opportunities.

Bastyr University California is just a few miles from expansive coastal wilderness and stunning beaches, including Del Mar, Torrey Pines and La Jolla. It borders Los Penasquitos Canyon Reserve, with more than 4,000 acres of hiking biking and equestrian trails.

Our campus is located near a robust life sciences and health industry cluster, highly ranked universities, world-class medical facilities and is close to the San Diego Coaster commuter rail service. It is approximately 14 miles north of downtown and is situated on more than 41,000 square feet with ample space for learning and connecting.

### CAMPUS LABORATORIES

Our lab spaces are designed to enhance the hands-on learning component and interactive curriculum we provide within our academic programs.

- Histology Lab
- Cadaver Anatomy Lab
- Hydrotherapy Lab
- Botanical Medicine Lab
- Soft Tissue Manipulation Lab



## WASHINGTON CAMPUS

Bastyr University's main campus is located near Seattle, Washington, on a 51-acre campus adjacent to the beautiful St. Edward State Park. The campus offers organic gardens, an eco-friendly Student Village, and access to miles of wooded trails, a secluded beach, and a natural habitat where deer, eagles and spotted owls find refuge.



**“San Diego makes living a healthy lifestyle very easy. You find hiking a mile from campus, surfing is nearby, yoga is everywhere and natural health stores are more common than not.”**

— Natiya Guin, ND ('17)

### ABUNDANT LEARNING FACILITIES

Additional amenities are accessible to all students throughout their time here with us, including:

- Onsite naturopathic teaching clinic accessible to students for their healthcare needs
- Modern whole-food teaching kitchen
- Campus library
- Multi-purpose room with fitness equipment
- Access to miles of hiking and biking trails

# Imagine Your Future at Bastyr University

If you are ready to nurture your calling to create a healthier world or simply want to learn more, our knowledgeable staff in the Office of Admissions are ready to assist you.

## PREREQUISITES

Students may apply to any program while completing prerequisite coursework. Any student interested in applying should meet with an admissions advisor to get a preliminary evaluation of transcripts. Students who have their unofficial transcripts evaluated have greater success meeting their admissions goals. Find information about the transfer process and course equivalencies at **Bastyr.edu**.

## TUITION AND FINANCIAL AID

The University's Office of Financial Aid counsels students on grants, scholarships, loan and work-study employment options. For up-to-date tuition figures and financial aid information, please visit **Bastyr.edu/FinancialAid**.

## INTERNATIONAL APPLICATIONS

Bastyr University California welcomes international applicants for enrollment as full-time, degree-seeking students. International applicants should visit **Bastyr.edu** for more details about the application and admission process.

## PRIORITY APPLICATION DEADLINES

- **November 1** early decision for Naturopathic Medicine\*
- **January 2** for Counseling Psychology
- **February 1** for Naturopathic Medicine and all other programs

\*Applicants with three or fewer outstanding prerequisites may apply by the non-binding early decision deadline.



## VISIT US

We invite you to experience our campus first-hand, attend a class, confer with advisors, talk with students, and explore the rich and varied possibilities of natural health careers. Please contact us at least one week in advance to make arrangements. Classes are in session from late September through early June.

Bastyr University California invites prospective students to explore the opportunities available to them. Information about campus visits is posted at **Bastyr.edu/visitSD**.

## MEET WITH AN ADMISSIONS ADVISOR

An admissions advisor is available to answer specific questions about transferring to Bastyr University. These appointments can take place in person or over the phone. It is helpful to mail or bring unofficial transcripts to the advisor and to come prepared with questions.

To schedule a campus tour or an appointment with an advisor: Call **858.246.9700** · Email **sandiego@bastyr.edu**

## WE WANT TO HEAR FROM YOU!

858.246.9700

sandiego@bastyr.edu

Bastyr.edu/California

4106 Sorrento Valley Blvd.

San Diego, CA 92121

For information about our  
Washington campus, please  
email **admissions@bastyr.edu**  
or call 425.602.3332.

# San Diego Campus

## BACHELOR'S DEGREE

- Nutrition and Culinary Arts

## MASTER'S DEGREES

- Nutrition for Wellness
- Counseling Psychology

## DOCTORAL DEGREE

- Naturopathic Medicine

# Kenmore Campus

## BACHELOR'S DEGREES

- Health Psychology (Integrated Wellness, Public Health Psychology and Pre-Med tracks)
- Herbal Sciences
- Integrated Human Biology
- Nutrition
- Nutrition and Culinary Arts
- Nutrition and Exercise Science

## MASTER'S DEGREES

- Acupuncture and Oriental Medicine
- Acupuncture and Oriental Medicine (with undergraduate-entry option)
- Counseling Psychology
- Maternal-Child Health Systems
- Midwifery
- Midwifery (undergraduate-entry option)
- Nutrition (with dietetics option)
- Nutrition and Clinical Health Psychology
- Public Health

## DOCTORAL DEGREES

- Acupuncture and Oriental Medicine (for licensed Acupuncturists)
- Naturopathic Medicine

## CERTIFICATE AND OTHER PROGRAMS

- Certificate in Holistic Landscape Design
- Dietetic Internship
- Post-baccalaureate Programs
- Simkin Center for Allied Birth Vocations



## YOUR NEXT STEPS

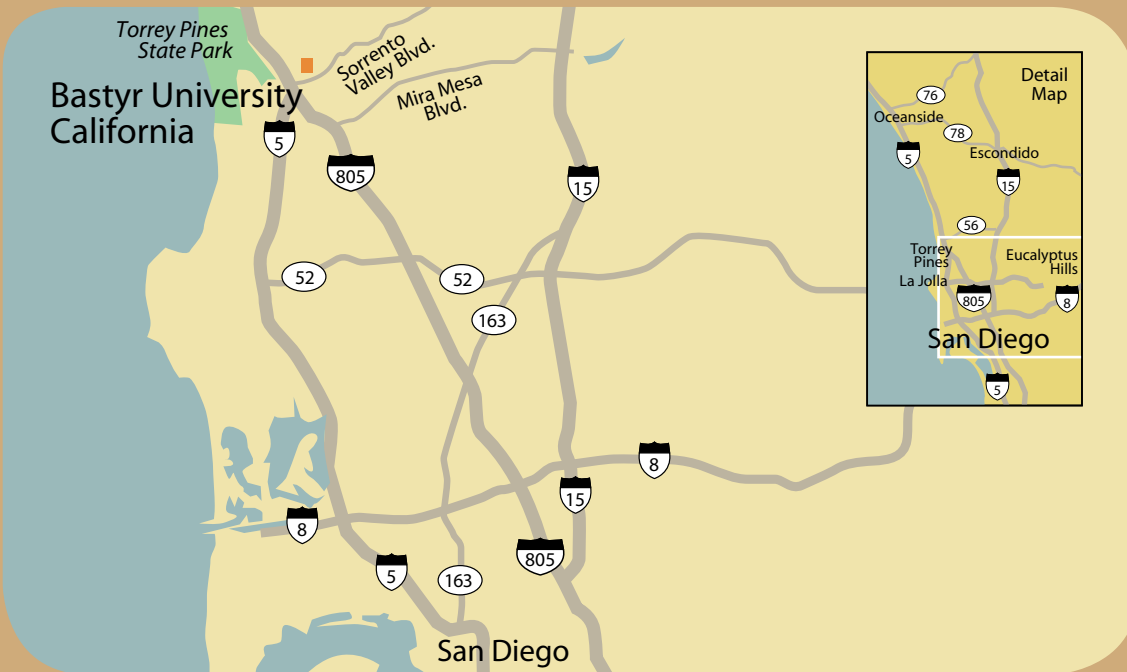
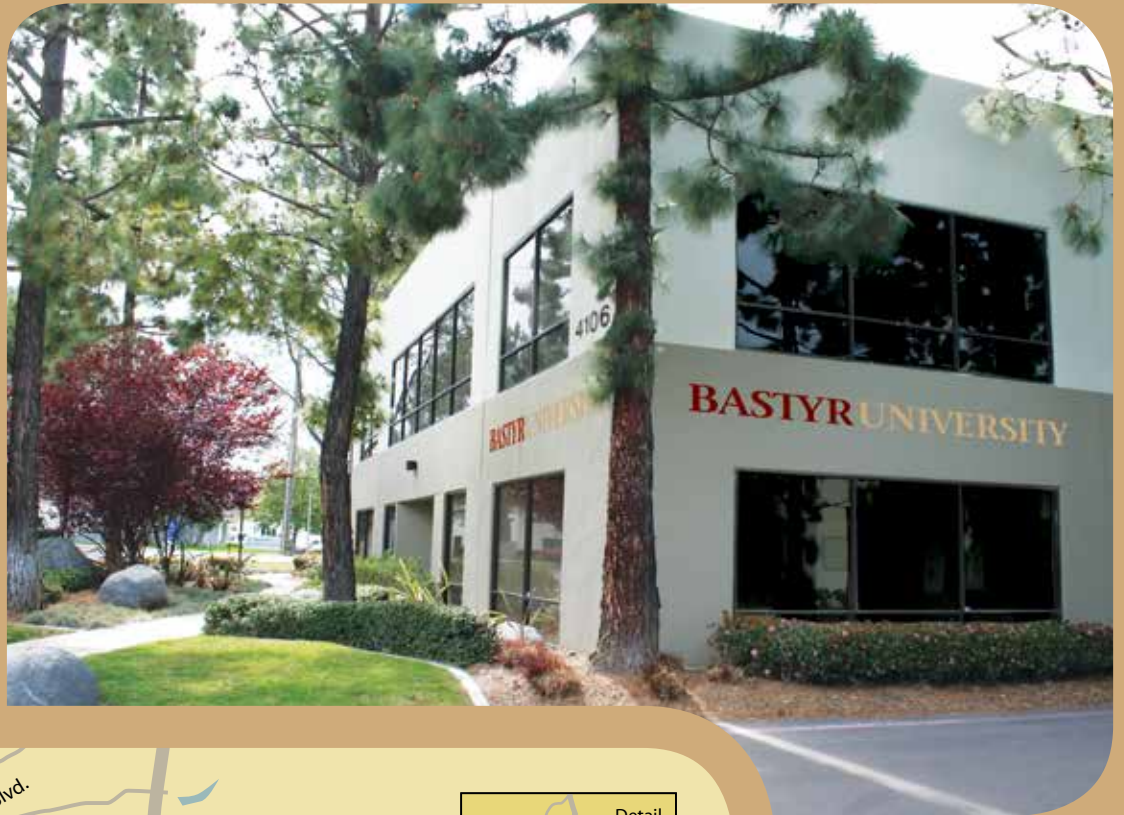
- Explore our degrees and prerequisites  
[Bastyr.edu](http://Bastyr.edu)
- Contact an advisor to ask questions  
[sandiego@bastyr.edu](mailto:sandiego@bastyr.edu)
- Visit our beautiful campuses  
[Bastyr.edu/Washington](http://Bastyr.edu/Washington)  
[Bastyr.edu/SanDiego](http://Bastyr.edu/SanDiego)
- Apply by the priority deadline dates available at [Bastyr.edu/Admissions](http://Bastyr.edu/Admissions)

Bastyr University does not discriminate against any person in matters of employment, application for employment, student or applicant for admission, or participation in our programs or benefits on the basis of the following protected classes: ancestry, gender, gender identity, or expression, race, creed, color, religion (includes religious dress and grooming practices), sex (includes pregnancy, childbirth, breastfeeding and/or related medical conditions), national origin (includes language use and possession of a driver's license issued to persons unable to prove their presence in the United States is authorized under federal law), age (40 and above), disability (mental and physical, including HIV and AIDS), marital status, genetic information, medical condition (genetic characteristics, cancer or a record or history of cancer), veteran or military status or any other protected category under applicable local, state or federal law.

# BASTYR UNIVERSITY

California

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