

# Health in the Climate Crisis: Integrative Approaches for Individuals and Communities

## Agenda

Day 1 | May 15

9:00 – 9:15	Brief introduction by MC Jacquelyn Burrell, land acknowledgement by Dr. Lev Elson-Schwab, a formal welcoming by Larry Campbell who is a Swinomish tribal leader, and thanks by Dr. Kathleen Lumiere
9:15 – 9:30	Opening Speaker: <i>Senator Mona Das</i> <i>Senator Das talks about public initiatives and provides a legislative perspective on the most intersectional issue of our time.</i>
9:30 – 9:45	Science & Community: <i>Dr. Heather Price</i> <i>Heather Price, a stellar science educator, anchors the topics of this conference in the evidence, and gives us memorable examples and metaphors to share with others.</i>
9:45 – 9:55	Youth Advocacy: <i>Elizah DeMartini</i> <i>Elizah DeMartini, founder and host of the podcast “How to Save the Planet” presents on climate realities.</i>
9:55 – 10:05	Break (People may step away from Zoom or join a breakout room to network with conference attendees, or do a short guided exercise.)
10:05 – 11:00	Panel Discussion: Youth Advocacy: <i>Aji Piper, Adonis Piper Williams, Jamie Margolin, Ian Price, Emma Coopersmith, Nia Brice, Elizah</i>

*DeMartini, Heather Price, Indigenous youth, and parents of youth panelists*

*Facilitated by Elizah DeMartino and Heather Price, this panel of accomplished and knowledgeable young people share their experience of being climate activists, how it has affected them for better or worse, and wisdom they've gained. Their parents are present to offer support and reflection, particularly related to health and family.*

*About the panelists:*

- *Jamie Margolin (19) founded the international youth climate justice organization Zero Hour at 15, and is author of the book, Youth to Power.*
- *Aji Piper (20) - plaintiff in state and national climate lawsuits: Foster vs WA Ecology, Aji Piper vs State of WA, and the Juliana vs USA in which 21 young people are suing the US government for a safe climate. Aji is also a TED talk speaker and activist.*
- *Adonis Piper (16) is a plaintiff in Foster vs WA Ecology, and Aji Piper vs State of WA, is also a climate justice activist with Climate Action Families and Plant for the Planet, in addition to being an artist and speaker.*
- *Nia Brice (16) contributes to Tomorrow Project and Youth Climate Lobby and is a speaker and activist.*
- *Emma Coopersmith (15) is a Sunrise Movement national and regional organizer, writer, and climate justice activist.*
- *Ian Price (13) founded a Seattle Fridays for Future chapter and has been climate striking since 2018. Ian is also a speaker and activist.*
- *Elizah DeMartino (13), is the panel co-moderator and a featured speaker.*

- *Chayton Remle (16; Lakota, Paiute) is a youth activist on the Clear Sky Native Youth Council. He was part of the movement to protect Licton Springs, an historic Indigenous heritage site and now a park in North Seattle. In 2020, he was named "100 changemakers by the Bill and Melinda Gates Foundation Discovery Center."*
- *Cante Remle (14; Lakota, Paiute) is a youth activist on the Clear Sky Native Youth Council, and also worked to successfully protect Licton Springs.*

11:00 – 11:30

Lunch (Breakout rooms will be available for eating together, and networking.)

11:30 – 11:45

Community Advocacy: *Jacque Julien*  
*Jacque Julien, the director of Communities of Color Coalition (C3), which works to promote equity in many areas including health justice, speaks on how climate is a racial justice issue.*

11:45 – 12:05

Community Advocacy: *Maria Batayola*  
*The Environmental Justice Coordinator at El Centro de la Raza, Maria Batayola presents Environmental/Health Injustice/Climate on the Ground: Health Impacts of Land & Airplane Emissions on Beacon Hill.*

12:05 – 12:20

Break (People may step away from Zoom or join a breakout room to network, or to do a short guided exercise in a different breakout room.)

12:20 – 12:55

Panel Discussion: Community Advocacy: *Jacque Julien, Maria Batayola, Elise Rasmussen, and Darrell Hillaire*

*Jacque Julien facilitates this panel which includes:*

- *Darrell Hillaire, a tribal statesman from the Lummi Nation and Director of Children of the Setting Sun*

12:55 – 1:00

Day one closing remarks by Daniel VanArsdale

- *Elise Rasmussen, an environmental justice consultant for the DOH's climate and health group (Elise works with the Clean Energy Transformation Act Cumulative Impacts Tool to help communities gather evidence of climate impacts)*
- *Maria Batayola from El Centro de la Raza, a featured speaker*

## Day 2 | May 16

9:00 – 9:10

Land acknowledgement by Dr. Lev Eslon-Scwab, breakout rooms for connection, opening remarks by Jacquelyn Burrell

9:10 – 9:25

Food Sovereignty & Nutrition, Larry Campbell  
*A Swinomish tribal elder, Larry Campbell talks about honoring traditional culture through food, and how that relates to climate and self-determined levels of health.*

9:25 – 9:35

Nutrition & Equity: *Teresa Turner*  
*Teresa Turner is a School Nutrition Specialist and alumna of Tuskegee University. Focused on child nutrition, nutrition education, and social justice, especially regarding food system inequity, she makes the connections between these areas of expertise and climate change.*

9:35 – 9:55

Break (People may step away from Zoom or join a breakout room to connect with other conference attendees, or to do a short shared exercise in a different breakout room.)

9:55 – 10:35

Panel Discussion: Nutrition: *Mary Purdy, Teresa Turner, Daphne Altema-Johnson, Fernanda Brusamolin, Larry Campbell*

*This panel is facilitated by Bastyr faculty member Mary Purdy, a well-known speaker on nutrition and climate change whose work includes the presentation Saving the Planet With Your Fork. Other panelists are:*

- *Fernanda Brusamolin, a Bastyr faculty member whose research examines nutrition interventions for plant-based diets*
- *Daphne Altema-Johnson, a Program Officer in Food Communities & Public Health at Johns Hopkins applies her experience in public health epidemiology to issues she feels passionately about—public health and sustainability*
- *Featured speakers Larry Campbell and Teresa Turner are also panelists.*

10:35 – 11:05

Lunch (with breakout rooms available for eating together, networking)

11:05– 11:30

Climate Change and Health Modeling Tool: *Dr. Isaac Emery*  
*Issac Emery presents an online instrument for participants to propose climate solutions such as dietary shifts, energy efficiency, carbon pricing, reducing deforestation, and carbon dioxide removal. These approaches are tested using En-ROADS so participants can see impacts on global temperature and other factors. Looking at actions from a “multisolving” lens opens up conversations about how different climate solutions may help or hinder underrepresented stakeholders, and provides a valuable tool for communities.*

11:30 – 11:45

Mental Health & Family Systems: *Dr. Steve Wilson*

*Steve Wilson, a highly regarded teacher at the University of Washington, has an enormous amount of in-practice and scholarly knowledge regarding cross-cultural treatment interventions and African American mental health, focused on children, adolescents, and families.*

11:45 – 12:00

Climate, Mental Health & Emotional Resilience: Leslie Davenport  
*Leslie Davenport is a leader in the emerging field of mental health and climate change. In her own words, “Psychological perspectives need to be at the table of interdisciplinary conversations generating effective climate solutions. Psychology is powerful in addressing the emotional underpinnings of climate denial, understanding motivators for change, identifying the most effective communication strategies, as well as building resiliency when individuals and communities are faced with immediate and long term climate chaos that provoke trauma, grief, anxiety and depression.” Leslie’s talk presents both information and practical tools.*

12:00 – 12:15

Break (People may step away from Zoom or join a breakout room to network, or to do a short guided exercise in a different breakout room.)

12:15 – 12:55

Panel Discussion: Mental Health: *Rachel Heaton (facilitator), Dr. Shawna Gallagher, Hallie Love, Dr. Steve Wilson, Leslie Davenport*  
  
*Rachel Heaton describes herself first as a mother to three beautiful children. As part of the coalition to lead Seattle to divest from Wells Fargo, one of the main funders of the Dakota Access Pipeline, she became co-founder of the Indigenous led divestment org Mazaska Talks. She is a cultural educator for the Muckleshoot tribe, working to*

*learn, build, and sustain Indigenous cultural practices. She has extensive knowledge of plant medicine and how connection with nature heals the body and spirit. Rachel is facilitating this panel on mental health to bring forth multiple paths towards resilience , especially in the face of trauma.*

- *Dr. Shawna Gallagher (Klamath) serves as a key member of the Seattle Indian Health Board’s multi-disciplinary leadership team. SIHB is establishing an “Indigenous Trauma Informed Care Model” to ensure “holistic care” (traditional healing and medicines, medical, dental, mental health, substance use, and case management) are being offered and provided to meet the needs of the population being served. In Dr. Gallagher’s direct clinical practice, she specializes in trauma-informed care and addictions—and has been successful at weaving indigenous psychology (beliefs, practices, and ceremonies) into Western evidence-based practices.*
- *A positive psychology instructor, Hallie Love has been teaching individuals and groups effective and evidence-based ways to build personal resilience for 20 years. She is committed to helping people adapt mentally, emotionally, psychologically, and spiritually to the challenges of living in the climate crisis.*
- *Steve Wilson and Leslie Davenport are also featured speakers.*

12:55 – 1:00 Closing remarks by Daniel VanArsdale