

ND MINI CAMP

August 7 – 11, 2017

Sunday, August 06, 2017

7:00 pm to 9:00 pm | Registration and Reception

Monday, August 07, 2017

WELLNESS

9:00 am to 9:45	Continental Breakfast Welcome and Introduction - Arianna Staruch, ND
9:45 am to 10:15 am	Joe Pizzorno, ND Welcome to Bastyr University and to Medical School Overview
10:15 am to 10:30 am	Break
10:30 am to 11:30 am	Rebecca Love, DVM Miraculous Body
11:30 am to 1:00 pm	Lunch Break
1:00 pm to 2:00 pm	Rebecca Achterman, PhD Meet Your Microbes
2:00 pm to 2:15 pm	Break – Chair Massage
2:15 pm to 3:15 pm	Case Study with ND and Basic Science faculty
3:30 pm – 4:30 pm	Sheila Kingsbury, ND Comparative World Medicine and Constitutional Analysis

Tuesday, August 08, 2017

DIS-EASE AND DIAGNOSIS

9:00 am to 9:45 am	Continental Breakfast Introduction – Arianna Staruch, ND
9:45 am to 10:15 am	Leanna Standish, PhD, ND, LAc, FABNO Oncology Research
10:15 am to 10:30 am	Break
10:30 am to 11:30 am	Cindy Wenner, PhD and Jing Meng, MD, PhD Leaving the Garden of Gluten: the Immunopathology of Celiac Disease
11:30 am to 1:00 pm	Lunch Break
1:00 pm to 2:00 pm	Brad Lichtenstein, ND

	Treating the Whole Person: Mind Body Connection to Disease and Dysfunction
2:00 pm to 2:15 pm	Break
2:15 pm to 3:15 pm	Lela Altman, ND Case Study
3:15 pm to 4:00 pm	Arianna Staruch, ND Wrap up for the Day

Wednesday, August 09, 2017

	TOOLS FOR RESTORING HEALTH AND WELLNESS
9:00 am to 9:45 am	Continental Breakfast Welcome and Introduction - Arianna Staruch, ND
9:45 am to 11:30 am	Nate Petersburg, ND Traditions of Nature Cure
11:30 am to 1:00 pm	Lunch Break
1:00 pm to 2:00 pm	Sheila Kingsbury, ND Making Historical Botanical Elixirs
2:00 pm to 2:15 pm	Break – Chair Massage
2:15 pm to 3:30 pm	Nutrition faculty Food as Medicine: Making Tasty Gluten Free Snacks
3:30 pm – 4:30 pm	Arianna Staruch, ND Wrap up for the Day

Thursday, August 10, 2017

	PUTTING IT ALL TOGETHER IN THE CARE OF PATIENTS
9:00 am to 9:45 am	Continental Breakfast Introduction – Arianna Staruch, ND
9:45 am to 11:15 am	Interactive Lab: Heart and BP Monitoring Station; ECG Station; Physical Medicine Station
11:30 am to 1:00 pm	Lunch Break
1:00 pm to 2:00 pm	Christian Dodge, ND Doctor As Teacher
2:00 pm to 2:15 pm	Break
2:15 pm to 3:15 pm	Jing Meng, MD, PhD and Arianna Staruch, ND Case Study
3:15 pm to 4:00 pm	Brendan Smith, ND and Arianna Staruch, ND Confidentiality in Medicine

Friday, August 11, 2017

CLINIC EXPERIENCE	
7:00 am to 7:45 am	Shuttle from Bastyr University to Bastyr Center for Natural Health
8:00 am to 8:30 am	Jennifer Johnson, ND Clinic Preview
8:30 am to 9:00 am	Welcome to Wellness
9:00 am to 10:00 am	Breakfast Break
10:00 am to 11:00 am	Tour of Bastyr Center for Natural Health
11:00 am to 11:45	Jennifer Johnson, ND Wrap Up
12:00 pm to 1:00 pm	Return Shuttle to Bastyr University
1:00 pm to 2:00 pm	Lunch and Farewell

Optional Activities

Activities available throughout the week:

- Botanical Walk in the Woods
- Herb Garden Tour
- Hydrotherapy and Physical Medicine Treatments
- Hike to the lake
- Ping Pong Tournament
- Concert in the Park