

# VISITOR CLASS SCHEDULE WINTER 2019

**BASTYR**  
UNIVERSITY



Welcome to Bastyr! Before visiting a class, please pick up a "Visitor" badge from the admissions office, room 259.

This will identify you to the instructor and the students as a guest and give them the opportunity to welcome you and/or offer assistance. All classes on this schedule have been approved for visitors and you are welcome to sit in on any of them. Feel free to observe, but unless asked to participate, please leave classroom discussion to the students and the instructors. Enter the class only at the beginning, or during a break, which may vary from instructor to instructor and usually begins 50 minutes after the start of class. If you need to leave early, please sit near a door so you can do so without disturbing the class. Please note that a class can sometimes be canceled, out on a field trip, taking an exam, or involved in a discussion or demonstration, which requires privacy.

In the interest of recycling, please return the badge to the Admissions Front Office when your visit is over.

## COURSE KEY

AM - Acupuncture Medicine

AV - Ayurvedic Medicine

BC - Basic Science

BO - Botanical Medicine

CH - Chinese Medicine

EX - Exercise Science

HO - Homeopathy

IS - Interdisciplinary Studies

NM - Naturopathic Medicine

OM - Oriental Medicine

PH - Public Health

PM - Physical medicine

PS - Counseling and Health Psychology

RD - Didactic program in Dietetics

SN - Sciences for Naturopathic Medicine

TR - Nutrition (Bachelor or Master)

\*Ayurvedic and Midwifery classes are not listed. You must meet with an Admissions Advisor first.

## MONDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
M	BO	4146	Materia Medica 2 for Herbal Sciences		Sheila Kingsbury	146	8:00 AM	11:50 AM
M	NM	7330	Healing Systems	Jan 07, 14, 28, and Feb 04, 11, 25 only	Joe Pizzorno	176	8:00 AM	9:50 AM
M	TR	5124	Adv Nutrition: Micronutrients		Melissa Conley	284	8:00 AM	9:50 AM
M	NM	6311	Naturopathic Clinical Dlnagnosis 2		Altman/Yang	133	8:30 AM	11:50 AM
M	TR	3152	Cooking Demonstration	Stand/observation only near door	Nancy Perlot	8	9:00 AM	11:50 AM
M	BC	3135	Anatomy & Physiology 1		Steven Rude	55	9:30 AM	11:50 AM
M	BC	5118	Disease Processes 1		Terri Stilson	286	10:00 AM	11:50 AM
M	BC	5142	Fundamentals of Research Design		Donald Messner	63	10:00 AM	11:50 AM
M	CH	6423	Chinese Materia Medica 3		Ying Wang	184	10:00 AM	11:50 AM
M	NM	7359	Respiratory Therapeutics		Petke/Vlasuk	176	10:00 AM	11:50 AM
M	TR	5124	Adv Nutrition: Micronutrients		Melissa Conley	284	10:00 AM	11:50 AM
M	BC	5152	Integrated Cardio & Immune Systems		Multiple	176	1:00 PM	2:50 PM
M	BC	5153	Integrated Respiratory System		Multiple	176	1:00 PM	2:50 PM
M	BC	5154	Integrated Digestive System		Multiple	176	1:00 PM	2:50 PM
M	BC	6108	Pathology, Immunology, Infectious Diseases		Multiple	146	1:00 PM	2:50 PM
M	OM	4110	Meridians & Points 2		Angela Hughes	55	1:00 PM	3:30 PM
M	OM	5322	Survey of Western Clinical Sci 2		Derek Kirkham	63	1:00 PM	3:20 PM
M	PS	4149	Psychology and World Religions		Mathieu Villatte	280	1:00 PM	4:20 PM
M	TR	3111	Nutrition Throughout Life		Cynthia Bartok	284	1:00 PM	2:50 PM
M	TR	3142	Therapeutic Cooking: Illness and Recovery	Stand/observation only near door	Maribeth Evezich	8	1:00 PM	4:50 PM
M	TR	5138	Counseling Skills for RDNs Lecture/ lab		Cristen L. Harris	286	1:00 PM	3:50 PM
M	NM	7142	Critical Evaluation of the Medical Literature		Andrew Jackson	186	1:30 PM	3:20 PM
M	BC	6108	Pathology, Immunology, Infectious Diseases		Multiple	146	3:00 PM	4:50 PM
M	NM	5142	Naturopathic Theory and Practice 2	Meets weeks 1, 4, 6, 8, 10	Greg Yasuda	176	3:00 PM	3:50 PM

M	NM	7405	Diet and Nutrient Therapy 3		Tucker O Winship	133	3:30 PM	5:50 PM
M	PH	5120	Seminar in Social Justice and Health 1	Meets weeks 1-5	Faculty TBA	186	5:00 PM	5:50 PM
M	PH	5121	Seminar in Social Justice and Health 2	Meets weeks 6-10	Faculty TBA	220	5:00 PM	5:50 PM

## TUESDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
T	BC	3162	Anatomy and Physiology 2 Lecture/Lab		Terri Stilson	146	8:00 AM	9:50 AM
T	BC	4161	Advanced Cell and Molecular Biology		Rebecca Achterman	280	8:00 AM	9:50 AM
T	BO	7307	Botanical Medicine Formulation Lab 3	small room	Jenn Dazey	57	8:00 AM	8:50 AM
T	EX	4124	Exercise Science Laboratory Techniques		June Kloubec	277	8:00 AM	9:50 AM
T	NM	7360	Digestive Therapeutics		Yarnell/Vlasuk	176	8:00 AM	9:50 AM
T	PM	5314	Physical Medicine 1		Nathan Petersburg	286	8:00 AM	8:50 AM
T	PS	3126	Psychology of Personality		Danielle Ung	55	8:00 AM	9:50 AM
T	TR	5124	Adv Nutrition: Micronutrients		Melissa Conley	284	8:00 AM	9:20 AM
T	TR	6100	Nutritional Supplementation		Kelly Morrow	184	8:00 AM	9:50 AM
T	NM	6311	Naturopathic Clinical Diagnosis 2		Altman/Yang	186	8:30 AM	11:50 AM
T	CH	6423	Chinese Materia Medica 3		Ying Wang	220	9:30 AM	11:45 AM
T	BC	3100	Survey of Organic Chemistry		Lev Elson-Schwab	277	10:00 AM	11:50 AM
T	BC	3149	Research Methods in Human Biology 2		Cynthia Wenner	280	10:00 AM	11:20 AM
T	BC	4117	Biochem for Life Sciences 1 Lect/Lab		Kent Littleton	184	10:00 AM	11:50 AM
T	BO	7307	Botanical Medicine Formulation Lab 3	small room	Jenn Dazey	57	10:00 AM	10:50 AM
T	EX	4123	Exercise Prescription & Testing		June Kloubec	276	10:00 AM	11:50 AM
T	NM	7338	Environmental Medicine		John Hibbs	133	10:00 AM	11:50 AM
T	PS	3124	Health Psychology 2		Naomi Lester	284	10:00 AM	11:50 AM
T	RD	6135	Food Service Mgmt 2		Nancy Perlot	63	10:00 AM	11:50 AM
T	TR	4100	Intro to Research Methods		Kazaks/Conley	55	10:00 AM	11:50 AM
T	BC	5118	Disease Processes 1		Terri Stilson	146	10:30 AM	11:50 AM
T	BC	3135	Anatomy & Physiology 1		Steven Rude	55	1:00 PM	2:50 PM
T	BC	3144	Integrated Biochemistry & Cell Biology		Rebecca Achterman	286	1:00 PM	2:50 PM
T	BC	4117	Biochem for Life Sciences 1 Lect/Lab		Kent Littleton	184	1:00 PM	2:50 PM
T	BC	5152	Integrated Cardio & Immune Systems	BC5152 runs 1/07/19 – 02/01/19	Multiple	176	1:00 PM	2:50 PM
T	BC	5153	Integrated Respiratory System	BC5153 runs 2/04/19 – 02/22/19	Multiple	176	1:00 PM	2:50 PM
T	BC	5154	Integrated Digestive System	BC5154 runs 2/25/19 – 03/22/19	Multiple	176	1:00 PM	2:50 PM
T	BC	9134	Biology of Receptors		Donald Messner	280	1:00 PM	2:20 PM
T	BO	3115	Herbal Medicine History & Traditions		Sheila Kingsbury	220	1:00 PM	2:50 PM
T	NM	7360	Digestive Therapeutics		Yarnell/Vlasuk	133	1:00 PM	2:50 PM
T	PS	3133	Intro to Statistics and Epidemiology		Matthieu Villatte	277	1:00 PM	2:50 PM
T	RD	6135	Food Service Mgmt 2		Nancy Perlot	63	1:00 PM	2:50 PM
T	TR	4106	Adv Nutrition Principles: Micronutrients		Alexandra Kazaks	146	1:00 PM	2:20 PM
T	TR	5124	Adv Nutrition: Micronutrients		Melissa Conley	284	1:00 PM	2:20 PM
T	TR	5320	Nutrition Assessment & Therapy 1		Kory DeAngelo	186	1:00 PM	2:50 PM
T	TR	4205	Nutrition Analysis and Assessment		Alexandra Kazaks	284	2:30 PM	4:20 PM
T	BO	4102	Research Methods - Herbal Science		Kaleb Lund	55	3:00 PM	4:50 PM
T	TR	5107	Nutrition Counseling		Cristen L. Harris	220	3:00 PM	5:20 PM
T	TR	6313	Nutrition Principles 2: Micronutrients		Jessica Bean	184	3:00 PM	4:50 PM
T	PS	4149	Psychology and World Religions		Matthieu Villatte	280	3:30 PM	5:20 PM

## WEDNESDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
W	OM	5442	Tai Chi	Observation only near door	Prasert Ngamsiripol	25	8:00 AM	9:50 AM
W	PS	6105	Diversity/Multicul Iss in Hlth Psy		Danielle Ung	277	8:00 AM	10:50 AM
W	TR	3115	Intro to Food Science		Nancy Perlot	184	8:00 AM	9:50 AM
W	TR	3142	Therapeutic Cooking: Illness/Recovery	Observation only near door	Maribeth Evezich	8	8:00 AM	11:20 AM
W	TR	5124	Adv Nutrition: Micronutrients		Melissa Conley	63	8:00 AM	9:50 AM
W	NM	7349	Pediatric Therapeutics 3		Brianna Piche	176	8:30 AM	9:50 AM
W	BO	6401	Botanical Materia Medica 2		Multiple	133	9:00 AM	10:50 AM
W	PS	3147	Myth, Ritual and Health		Brad Lichtenstein	284	9:00 AM	11:50 AM
W	PS	4112	Creating Wellness		Matthieu Villatte	186	9:00 AM	11:50 AM
W	BC	3100	Survey of Organic Chemistry		Lev Elson-Schwab	280	10:00 AM	11:50 AM
W	BC	5152	Integrated Cardio & Immune Systems	BC5152 runs 1/07/19 – 02/01/19	Multiple	176	10:00 AM	11:50 AM
W	BC	5153	Integrated Respiratory System	BC5153 runs 2/04/19 – 02/22/19	Multiple	176	10:00 AM	11:50 AM

W	BC	5154	Integrated Digestive System	BC5154 runs 2/25/19 – 03/22/19	Multiple	176	10:00 AM	11:50 AM
W	NM	7366	Advanced Case Studies 2		Lela Altman	132	10:00 AM	10:50 AM
W	OM	5416	Acupuncture Therapeutics 3		Benjamin Apichai	220	10:00 AM	11:50 AM
W	OM	5442	Tai Chi	Observation only near door	Prasert Ngamsiripol	25	10:00 AM	11:50 AM
W	TR	5124	Adv Nutrition: Micronutrients		Melissa Conley	63	10:00 AM	11:50 AM
W	BO	3116	Botany 2		Rainer Stahlberg	55	11:00 AM	11:50 AM
W	NM	6111	Naturopathic Theory and Practice 5		Christian Dodge	184	11:00 AM	12:10 PM
W	NM	7366	Advanced Case Studies 2		Lela Altman	132	11:00 AM	11:50 AM
W	BC	5152	Integrated Cardio & Immune Systems	BC5152 runs 1/07/19 – 02/01/19	Multiple	176	1:00 PM	2:50 PM
W	BC	5153	Integrated Respiratory System	BC5153 runs 2/04/19 – 02/22/19	Multiple	176	1:00 PM	2:50 PM
W	BC	5154	Integrated Digestive System	BC5154 runs 2/25/19 – 03/22/19	Multiple	176	1:00 PM	2:50 PM
W	BC	6108	Pathology, Immunology, Infectious Diseases		Multiple	146	1:00 PM	3:50 PM
W	NM	7366	Advanced Case Studies 2		Lela Altman	132	1:00 PM	1:50 PM
W	OM	5124	Medical Chinese 4		Tom Yang	184	1:00 PM	2:50 PM
W	TR	5101	Whole Foods Production		Nancy Perlot	63	1:00 PM	2:20 PM
W	TR	5132	Applied Statistical Analysis		Masa Sasagawa	276	1:00 PM	1:50 PM
W	TR	5138	Counseling Skills for RDNs Lecture/ lab		Cristen L. Harris	284	1:00 PM	3:20 PM
W	TR	5320	Nutrition Assessment & Therapy 1		Kory DeAngelo	186	1:00 PM	2:50 PM
W	TR	6313	Nutrition Principles 2: Micronutrients		Jessica Bean	184	1:00 PM	2:50 PM
W	NM	7366	Advanced Case Studies 2		Lela Altman	132	2:00 PM	2:50 PM
W	OM	4211	TCM Diagnosis 1		Weiyi Ding	286	2:00 PM	4:50 PM
W	TR	5101L	Whole Foods Production Lab	Observation only near door	Nancy Perlot	8	2:30 PM	5:20 PM
W	BO	4113	Pharmacology & Herb/Drug Interaction		Yarnell/Lund	55	3:00 PM	5:50 PM
W	NM	7338	Environmental Medicine	Weeks 1 - 9 only	John Hibbs	133	3:00 PM	4:50 PM
W	NM	7366	Advanced Case Studies 2		Lela Altman	132	3:00 PM	3:50 PM
W	NM	7405	Diet and Nutrient Therapy 3		Tucker O Winship	184	4:00 PM	6:20 PM
W	PH	9504	Current Health Issues/Interventions in US		Barbara Goldoftas	220	4:00 PM	5:50 PM

#### THURSDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
R	BC	3144	Integrated Biochemistry & Cell Biology		Rebecca Achterman	286	8:00 AM	9:50 AM
R	BC	4153	Integrated Human Biology 3		Messner/Sizemore	277	8:00 AM	9:50 AM
R	BC	5161	Physiology Seminar 2		Anna K Davis	55	8:00 AM	9:50 AM
R	BP	6200	Psychopathology		Daniel Rosen	176	8:00 AM	9:20 AM
R	PS	3126	Psychology of Personality		Danielle Ung	280	8:00 AM	9:50 AM
R	TR	5320	Nutrition Assessment & Therapy 1		Kory DeAngelo	63	8:00 AM	9:50 AM
R	TR	6100	Nutritional Supplementation		Kelly Morrow	184	8:00 AM	9:50 AM
R	NM	7358	Cardiovascular Therapeutics		Testa/Vlasuk	186	8:30 AM	11:50 AM
R	TR	3111	Nutrition Throughout Life		Cynthia Bartok	284	8:30 AM	9:50 AM
R	BO	6401	Botanical Materia Medica 2		Multiple	133	9:00 AM	10:50 AM
R	PS	6207	Counseling for Eating Disorders		Matthieu Villatte	220	9:00 AM	11:50 AM
R	BC	4117	Biochem for Life Sciences 1 Lect/Lab		Kent Littleton	184	10:00 AM	11:50 AM
R	BC	4161	Advanced Cell and Molecular Biology		Rebecca Achterman	132	10:00 AM	11:50 AM
R	BC	5142	Fundamentals of Research Design		Cynthia Wenner	55	10:00 AM	11:50 AM
R	BC	5161	Physiology Seminar 2		Anna K Davis	63	10:00 AM	11:50 AM
R	EX	4123	Exercise Prescription & Testing		June Kloubec	276	10:00 AM	11:50 AM
R	PS	3124	Health Psychology 2		Naomi Lester	280	10:00 AM	11:50 AM
R	TR	4106	Adv Nutr Principles: Micronutrients		Alexandra Kazaks	146	10:00 AM	11:20 AM
R	TR	6122	Contemp Nutr: Community & Culture		Cynthia Bartok	284	10:00 AM	11:20 AM
R	BC	5118	Disease Processes 1		Terri Stilson	286	10:30 AM	11:50 AM
R	BC	4117	Biochem for Life Sciences 1 Lect/Lab		Kent Littleton	184	1:00 PM	2:50 PM
R	BC	5152	Integrated Cardio & Immune Systems	BC5152 runs 1/07/19 – 02/01/19	Multiple	176	1:00 PM	2:50 PM
R	BC	5153	Integrated Respiratory System	BC5153 runs 2/04/19 – 02/22/19	Multiple	176	1:00 PM	2:50 PM
R	BC	5154	Integrated Digestive System	BC5154 runs 2/25/19 – 03/22/19	Multiple	176	1:00 PM	2:50 PM
R	BC	9134	Biology of Receptors		Donald Messner	186	1:00 PM	2:20 PM
R	BO	4100	Herbs and Food		Jenn Dazey	63	1:00 PM	2:50 PM
R	BP	6200	Psychopathology		Daniel Rosen	133	1:00 PM	2:20 PM
R	EX	4133	Exer Prescr for Spec Populations		June Kloubec	276	1:00 PM	2:50 PM
R	OM	4221	TCM Pathology 1		Qiang Cao	55	1:00 PM	3:50 PM
R	PS	3133	Intro to Statistics & Epidemiology		Matthieu Villatte	277	1:00 PM	3:50 PM
R	PS	7115	Develop & Evaluating Counseling Progs		JoAnne E Bates	280	1:00 PM	3:50 PM

R	TR	3123	Soups and Seasonings with Intuition	Observation only near door	Maribeth Evezich	8	1:00 PM	1:50 PM
R	TR	5107	Nutrition Counseling		Cristen L. Harris	220	1:00 PM	3:20 PM
R	TR	6122	Contemporary Nutrition: Community and Culture		Cynthia Bartok	284	1:00 PM	2:20 PM
R	NM	7334	Clinical Pharmacology 3		Brandon Testa	286	2:00 PM	2:50 PM
R	BC	6108	Pathology, Immunology & Infectious Diseases		Multiple	146	3:00 PM	5:50 PM
R	BP	5401	Therapeutic Alliance 2		Daniel Rosen	63	3:30 PM	5:20 PM
R	PH	5101	Health Edu: Program Planning & Implementation		Barbara Goldoftas	220	4:00 PM	5:50 PM
R	PH	6102	Public Health Sys Leadership & Administration		Kloubec/Rotakhina	284	4:00 PM	5:50 PM

#### FRIDAY

Days	Dept	Crs ID	Course Name	Notes	Instructor(s)	Rm	From	To
F	BO	7307	Botanical Medicine Formulation Lab 3	Small room	Anna Barry	57	8:00 AM	8:50 AM
F	HO	6306	Homeopathy 2		Michael V Baker	184	8:00 AM	9:50 AM
F	SN	5104	Integrated Case Studies 2		Davis/Goto	132	8:00 AM	9:50 AM
F	TR	4113	Nutritional Supplements & Herbs		Maribeth Evezich	55	8:00 AM	10:50 AM
F	TR	5320	Nutrition Assessment & Therapy 1		Kory DeAngelo	63	8:00 AM	9:50 AM
F	NM	7358	Cardiovascular Therapeutics		Testa/Vlasuk	186	8:30 AM	11:50 AM
F	SN	6101	Integrated Case Studies 5		Gee/Sizemore	284	9:00 AM	9:50 AM
F	BO	3119	Plant Identification and Horticulture 2		Gilson/Hamby	220	10:00 AM	11:50 AM
F	HO	6306	Homeopathy 2		Michael V Baker	184	10:00 AM	11:50 AM
F	SN	5104	Integrated Case Studies 2		Gee/Martzen	132	10:00 AM	11:50 AM
F	SN	6101	Integrated Case Studies 5		Jing Meng	284	10:00 AM	10:50 AM
F	BC	5118	Disease Processes 1		Terri Stilson	146	10:30 AM	11:50 AM
F	BC	3149	Research Methods in Human Biology		Cynthia Wenner	280	1:00 PM	2:20 PM
F	SN	5104	Integrated Case Studies 2		Wallace/Martzen	132	1:00 PM	2:50 PM
F	SN	6101	Integrated Case Studies 5		Testa/Stilson	284	1:00 PM	1:50 PM
F	HO	7301	Homeopathy 5	Meets Weeks 1 - 8 only	Michael V Baker	184	1:30 PM	2:50 PM
F	NM	7349	Pediatric Therapeutics 3		Brianna Piche	176	1:30 PM	2:50 PM
F	BC	4135	Biophysics 3		Max Sizemore	276	2:00 PM	2:50 PM
F	BO	7307	Botanical Medicine Formulation Lab 3	Small room	Brianna Piche	57	3:00 PM	3:50 PM
F	HO	7301	Homeopathy 5		Michael V Baker	184	3:00 PM	4:20 PM
F	NM	7334	Clinical Pharmacology 3		Brandon Testa	220	3:00 PM	3:50 PM