

Mini-ND Camp

August 6 - 11, 2017 | Kenmore Campus

Schedule

(Please note this schedule is subject to change.)

Sunday, August 6

5:00 - 7:00 pm	Check-in for Overnight Campers	Chapel Foyer
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Monday, August 7

Theme: "Wellness"

8:00 - 9:00 am	Registration and Breakfast	Room 146/Dining Commons
9:00 - 9:30 am	Welcome and Introduction <i>Arianna Staruch, ND, Interim Dean</i> <i>Chris Masterson, Associate VP, Enrollment Management</i>	Room 146
9:30 - 10:15 am	Welcome by the Founder <i>Joseph Pizzorno, ND, President Emeritus</i>	
10:15 - 10:30 am	Break	
10:30 - 11:30 am	"Miraculous Body" <i>Rebecca Love, DVM</i>	Room 146
11:30 am - 1:00 pm	Lunch and Campus Tour	Dining Commons
1:00 - 2:00 pm	"Meet Your Microbes" <i>Rebecca Achterman, PhD</i>	Room 82
2:00 - 2:15 pm	Break - Chair Massages	
2:15 - 3:15 pm	Case Study <i>Safiya McCarter, ND and Mark Martzen, PhD</i>	Room 146
3:30 - 4:30 pm	"Comparative World Medicine and Constitutional Analysis" <i>Sheila Kingsbury, ND</i>	Room 146
5:00 - 6:00 pm	Welcome Reception	Turtle Pond Courtyard
	Dinner	Dining Commons

Tuesday, August 8

Theme: "Dis-ease and Diagnosis"

7:00 - 7:45 am	Yoga on the Lawn <i>Lauren Hengtgen</i>	
8:00 - 9:00 am	Breakfast	Dining Commons
9:00 - 9:15 am	Introduction <i>Arianna Staruch, ND, Interim Dean</i>	Room 133

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Tuesday, August 3	Theme: “Dis-ease and Diagnosis” <i>(cont’d)</i>	
9:30 - 10:15 am	“Oncology Research” <i>Leanna Standish, PhD, ND, LAc, FABNO</i>	Room 133
10:15 - 10:30 am	Break	
10:30 - 11:30 am	“Leaving the Garden of Gluten: The Immunopathology of Celiac Disease” <i>Cindy Wenner, PhD and Jing Meng, MD, PhD</i>	Room 133
11:30 am - 1:00 pm	Lunch	Dining Commons
1:00 - 2:00 pm	“Treating the Whole Person: Mind Body Connection to Disease and Dysfunction” <i>Brad Lichtenstein, ND</i>	Room 133
2:00 - 2:15 pm	Break	
2:15 - 3:15 pm	Case Study <i>Lela Altman, ND</i>	Room 133
3:15 - 4:30 pm	Wrap Up for the Day <i>Arianna Staruch, ND</i>	Room 133
4:30 - 5:00 pm	Garden Tour <i>Lindsay Warshaw, Botanical Medicine TA</i>	Bastyr Gardens
5:00 - 6:00 pm	Dinner	Dining Commons

Wednesday, August 9	Theme: “Tools for Restoring Health and Wellness”	
7:00 - 7:45 am	Yoga on the Lawn <i>Lauren Hengtgen</i>	
8:00 - 9:00 am	Breakfast	Dining Commons
9:15 - 9:30 am	Welcome <i>Arianna Staruch, ND, Interim Dean</i>	Room 133
9:30 - 11:30 am	“Traditions of Nature Cure” (shorts or swimsuit suggested) <i>Nate Petersburg, ND</i>	Room 19

	Group A	Group B
11:30 - 12:00 pm	Lunch (Dining Commons)	Break
12:00 - 12:30 pm	“Making Historical Botanical Elixirs” (Room 75)	
12:30 - 1:00 pm	<i>Sheila Kingsbury, ND</i>	Lunch (Dining Commons)
1:00 - 1:30 pm	Break	“Making Historical Botanical Elixirs” (Room 75)
1:30 - 2:00 pm		<i>Sheila Kingsbury, ND</i>

2:00 - 2:15 pm Break - Chair Massages

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Wednesday, August 9

2:15 - 3:15 pm	Theme: “Tools for Restoring Health and Wellness” (cont’d) “Food as Medicine” <i>Debra Boutin, MS, RDN, CD</i>	Room 133
3:30 - 4:30 pm	“Cultural Humility: Treating the Whole Person-Considerations for the Naturopathic Profession” <i>Safiya McCarter, ND</i>	Room 133
5:00 - 6:00 pm	Dinner	Dining Commons
9:00 - 11:00 pm	Movie - LaLa Land (optional)	Kenmore Square

Thursday, August 10

Theme: “Putting it All Together in the Care of Patients”		
8:00 - 9:00 am	Breakfast	Dining Commons
9:00 - 9:20 am	Introduction <i>Arianna Staruch, ND, Interim Dean</i>	Room 133

	Group A	Group B
9:30 - 10:30 am	Interactive Lab: The Human Heart - Human Biology Under the Microscope - EKG and Blood Pressure (Room 78) <i>Rebecca Love, DVM; Mark Martzen, PhD; Mark Lamden, ND; Rebecca Achterman, PhD; and Max Sizemore, PhD</i>	Interactive Lab: Physical Medicine Modalities (Room 146) <i>Greg Yasuda, ND; Nathan Petersburg, ND</i>
10:30 - 11:30 am	Interactive Lab: Physical Medicine Modalities (Room 146) <i>Greg Yasuda, ND; Nathan Petersburg, ND</i>	Interactive Lab: The Human Heart - Human Biology Under the Microscope - EKG and Blood Pressure (Room 78) <i>Rebecca Love, DVM; Mark Martzen, PhD; Mark Lamden, ND; Rebecca Achterman, PhD; and Max Sizemore, PhD</i>

11:30 am - 1:00 pm	Lunch	Dining Commons
1:00 - 2:00 pm	“Doctor as Teacher” <i>Christian Dodge, ND</i>	Room 133
2:00 - 2:15 pm	Break	
2:15 - 3:15 pm	Case Study <i>Jing Meng, PhD and Arianna Staruch, ND</i>	Room 133
3:15 - 4:00 pm	“Homeopathic First Aid” <i>Nathan Petersburg, ND</i>	Room 133
4:15 - 5:00 pm	“Confidentiality in Medicine” and Wrap Up <i>Arianna Staruch, ND</i>	Room 133
5:00 - 6:00 pm	Dinner	Dining Commons
6:00 - 8:00 pm	Kenmore Concert in the Park (optional)	Saint Edward’s Park

Friday, August 11	Clinic Experience	
8:00 am	Shuttle leaves for Bastyr Center for Natural Health (BCNH)	Bastyr Parking Lot
8:45 am	Arrive at BCNH	
9:00 - 10:15 am	Breakfast and Introduction to Clinic <i>Jennifer Johnson, ND, Associate Dean of Clinical Education</i>	Room 166
10:30 - 11:00 am	BCNH Tour	
11:00 - 11:45 am	Wrap Up <i>Jennifer Johnson, ND</i>	
12:00 pm	Shuttle leaves for Kenmore Campus	
12:45 pm	Arrive at Kenmore Campus	
1:00 - 2:00 pm	Lunch and Farewell	Dining Commons